

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI,  
SIDDHA AND HOMOEOPATHY (AYUSH)**

**LOK SABHA  
STARRED QUESTION NO.94  
TO BE ANSWERED ON 7<sup>TH</sup> FEBRUARY, 2020  
PROMOTION OF YOGA AND NATUROPATHY**

**†\*94. SHRI MUKESH RAJPUT:**

Will the Minister of AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

- (a) whether the Government has any plan to promote Yoga and Naturopathy;
- (b) if so, the details thereof;
- (c) whether the Government proposes to set up Yoga university in Uttar Pradesh; and
- (d) if so, the details thereof?

**ANSWER  
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(ASHWINI KUMAR CHOUBEY)**

- (a) to (d) A Statement is laid on the Table of the House.

**STATEMENT REFERRED TO IN REPLY TO LOK SABHA  
STARRED QUESTION NO.94\* FOR 7<sup>TH</sup> FEBRUARY, 2020**

(a) & (b) Yes.

Since public health is a State subject, initiating various steps for promotion of Yoga and Naturopathy in their respective domains fall under the purview of the respective State/ UT governments.

At the Central level, Ministry of AYUSH also strives to promote these systems and to create awareness for the benefit of the people. Ministry of AYUSH through its three autonomous bodies namely Central Council for Research in Yoga and Naturopathy (CCRYN), Morarji Desai National Institute of Yoga (MDNIY) and National Institute of Naturopathy (NIN) promote activities related to Yoga and Naturopathy.

CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. MDNIY provides various courses for Yoga education and imparts Yoga training through its centres. NIN a premier institute for Naturopathy organise activities related to Yoga and Naturopathy. The activities are listed below in gist:-

CCRYN, New Delhi

- i. Research projects in Yoga and Naturopathy with a view to develop scientific basis and supporting evidence for various practices of Yoga and Naturopathy.
- ii. Running Central Research Institute of Yoga & Naturopathy (CRIYN), Rohini, Delhi.
- iii. Collaborative Research centres.
- iv. Conducting multi-centric research studies.
- v. Establishment of OPD of Yoga & Naturopathy for drawing data for research.

## MDNIY, New Delhi

- i. Conducting Certificate, Diploma, Degree and Post Graduate Course in Yoga.
- ii. Running Yoga OPD and providing Yoga treatment in 19 CGHS Wellness Centre and 4 Yoga Therapy Centres in Tertiary/ Allopathy Hospitals.
- iii. Conducting Seminars/ Conference/ Workshops and Special Lecture Series to create awareness about Yoga among the people.
- iv. Running Yoga Centres at 4 Sports Authority of India (SAI) Stadia, preventive healthcare units in CGHS wellness Centres, Yoga Therapy Centres in Govt. Tertiary hospitals.
- v. MDNIY has been recognized as a WHO collaborative Centre (Yoga) and is conducting activities for standardization of Yoga protocols. MDNIY has come out with some protocols related to Yoga for women's health as follows.
  - a. Yoga for Children of Age 3-6 years.
  - b. Yoga for expecting mothers.
  - c. Yoga for Adolescent girls.
  - d. Yoga for Lactating mothers.
  - e. Yoga for women of 40+ age group.

## NIN, Pune

- i. Conducting One Year Full Time "Treatment Assistant Training Course" (TATC) at NIN campus, and Conducting Training of Trainers (TOT) programs outside Pune.
- ii. Running OPD clinic.

- iii. Conducting Yoga session camps at various Govt. offices, Institutes, Schools, Colleges etc.
- iv. Coordinating various public-facing activities to promote Naturopathy across the country.
- v. Conducts on an average 16 outreach activities every month to popularize Yoga and Naturopathy.

### National Board for Promotion of Yoga & Naturopathy

The Ministry has also established a high level advisory body namely, “National Board for Promotion of Yoga & Naturopathy” (NBPYN) in February, 2016 to give policy advices and recommendations on broad issues regarding promotion of Yoga & Naturopathy in the country. Inputs of NBPYN have helped the Ministry to strengthen different aspects of the practice of Yoga and Naturopathy in the country.

### Creation of awareness about Yoga and Naturopathy

In addition, an Information Education and Communication (IEC) Scheme, has been devised by the Ministry, activities under which include steps to reach out to people to promote awareness about Yoga and Naturopathy. IEC activities include public events, conferences, exhibitions, camps and programs on TV, Radio, Print-media etc.

### Observation of International Day of Yoga

Under the aegis of United Nations, 21<sup>st</sup> June is being observed as International Day of Yoga (IDY) all across the globe every year since 2015. Ministry of AYUSH is the nodal Ministry for the event in the country. Efforts of the Ministry in association with various other Ministries/ Departments, State/UT Governments and Yoga Organisations have succeeded in converting IDY into a true mass movement in the country.

As a part of observation of International Day of Yoga (IDY) on 21<sup>st</sup> June, this Ministry reached out to about 2.5 lakh Gram Pradhan with suggested plan of action for Yoga promotion in villages and motivated many of them to take up the activities. Common Service Centers(CSCs) of the Ministry of Electronics & IT have also been roped in for promotion of Yoga in rural areas.

Series of 150 Naturopathy Camps to mark 150<sup>th</sup> birth anniversary of Mahatma Gandhi

Further to mark 150<sup>th</sup> birth anniversary of Mahatma Gandhi, 150 Naturopathy camps are being organised across the country from 2<sup>nd</sup> October, 2019 to 2<sup>nd</sup> October, 2020, under the theme “Nisargopchar Mahotsav”.

Yoga and Naturopathy under the Centrally Sponsored Scheme of National AYUSH Mission (NAM)

In addition to the above, under National AYUSH Mission (NAM), financial assistance is provided to States and Union Territories for setting up AYUSH Wellness Centres. Yoga and Naturopathy form important elements of such Wellness Centres, subject to the choice of the concerned State/UT governments.

(c) & (d) There is no such proposal currently with the Ministry of AYUSH to set up Yoga University in Uttar Pradesh.