

**GOVERNMENT OF INDIA  
MINISTRY OF YOUTH AFFAIRS & SPORTS  
DEPARTMENT OF SPORTS**

**LOK SABHA**

**UNSTARRED QUESTION NO.3981  
TO BE ANSWERED ON 12.12.2019**

**Status of Fit India Programme**

**3981.DR. (PROF.) KIRIT PREMJI BHAI SOLANKI:**

**SHRI D.K. SURESH:**

**SHRI NALIN KUMAR KATEEL:**

**Will the Minister of YOUTH AFFAIRS AND SPORTS be pleased to state:**

**(a) the salient features of Fit India Programme/Movement and the current status of its implementation in the country;**

**(b) the universities that have been selected under the programme as hubs of sporting excellence, State/UT-wise including the criteria for selection;**

**(c) the steps being taken under the programme to cover 200 million children under a physical fitness drive;**

**(d) whether any athlete has been awarded a scholarship under the programme in the current year and if so, the details thereof and the steps being taken under the programme to create an active population with a healthy lifestyle; and**

**(e) the various measures taken by the Government to take the programme/movement forward?**

**ANSWER**

**THE MINISTER OF STATE (INDEPENDENT CHARGE)  
FOR YOUTH AFFAIRS AND SPORTS  
[SHRI KIREN RIJIJU]**

**(a): Fit India Movement was launched on 29<sup>th</sup> August 2019 for promoting physical fitness of all by inculcating a habit of fitness in all**

**citizens. Fit India is a people centric movement to be run on voluntary basis with participation of as many citizens as possible. Citizens are being encouraged to spend time every day on physical activities in any form be it sports, games, walking, jogging, cycling, dancing, yogasan or any other form of physical activity or combinations thereof.**

**(b):At present there is no such provision under the Fit India Programme for selection of Universities as hubs of sporting excellence.**

**(c): To create awareness about fitness amongst school going children, Fit India School Weeks were celebrated in schools across the country in November, 2019 and which is being continued in December 2019. So far 15,000 schools have participated in Fit India school week.**

**(d): At present there is no such provision under the Fit India Programme of awarding any scholarship.**

**(e):To take the Fit India Movement forward, Plog Runs were organized on 2<sup>nd</sup> October across India and now monthly Plog Runs are being organized in many districts. Fit India School Certificate along with ranking system has been launched wherein State and Union Territory Governments have been urged to encourage and facilitate obtaining Fit India Certificate by maximum number of schools. MYAS is working with stakeholders to organise Fit India Cyclothon, Walkathon and Fit India Traditional Games at various places in next few months. Planning and undertaking similar activities in various fields is a continuous process.**

**Further, the Government has drawn a list of possible activities for different related Ministries for encouraging and spreading Fit India Movement. Efforts are on for early completion of the consultative process. However, Fit India activities are continuing to be launched during the consultative process. State and Union Territory Governments have been urged to encourage and facilitate Fit India Movement in their respective jurisdictions.**

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