

**GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF HIGHER EDUCATION**

**LOK SABHA  
UNSTARRED QUESTION NO. 3360  
TO BE ANSWERED ON 09.12.2019**

**Fitness Plan**

**†3360. SHRI DIPSINH SHANKARSINH RATHOD:**

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

(a) whether the Government is seriously considering to implement health and fitness plan in Universities along with the studies;

(b) if so, the details thereof

(c) the steps taken/proposed to be taken by the Government in this regard; and

(d) the details thereof including the time limit for the same and if not, the reasons therefor?

**A N S W E R**

**MINISTER OF HUMAN RESOURCE DEVELOPMENT  
(SHRI RAMESH POKHRIYAL 'NISHANK')**

(a) to (d): Yes Sir. The Government is implementing the Fit India Scheme on ongoing basis in all Higher Education Institutions including the Universities by adopting policies and practices that motivate students to participate actively in health and fitness activities. In this regard, all Higher Education Institutions/Universities have been asked to prepare calendar of activities to be undertaken for implementing of the scheme.

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