

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 3063
TO BE ANSWERED ON 6TH DECEMBER, 2019**

RESEARCH IN SIDDHA

3063. SHRI DEVUSINH JESINGHBHAI CHAUHAN:

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

(a) whether any research is going on in any Government Siddha Medical College and Hospital for treatment and cure of Rheumatoid Arthritis, Ankylosing Spondylitis, Juvenile Spondyloarthropathy;

(b) if so, the details and the outcome of such research;

(c) whether any special therapy and treatment has been evolved to cure/provide relief to the patients suffering from these diseases, if so, the details thereof;

(d) whether the CGHS beneficiaries are entitled to get the evolved therapy and treatment for these diseases, if so, the details thereof; and

(e) whether the Government has taken measures/will encourage to improve the efficacy of this therapy and support?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

(a): Ministry of AYUSH has established Central Council for Research in Siddha (CCRS), which is an apex organization for initiating, undertaking, formulating, developing, coordinating, promoting research on scientific lines and providing healthcare facilities in the Siddha system of medicine for treatment of various diseases. Further, the Government has also established National Institute of Siddha (NIS), Chennai, an autonomous body under Ministry which is a premier institute of Siddha in the country to develop high standards of teaching, training, research and to provide medical care through Siddha system of medicine and treatment.

Preliminary clinical researches have been carried out by National Institute of Siddha (NIS), Chennai for the treatment and cure of Rheumatoid Arthritis. Also Some of the treatment methods are in progress in Government Siddha Medical College and Hospital for Rheumatoid Arthritis and Ankylosing Spondylitis.

(b): Clinical trials were conducted at Institution level with selected Internal and External medicines of Siddha system and the outcome of the studies showed good response for the treatment of Rheumatoid Arthritis and paved the way of further exploratory research. Majority of patients, those who are suffering from Rheumatoid Arthritis and Ankylosing Spondylitis are getting moderate relief from their symptoms and quality of life of the concerned patients has improved.

(c): Siddha unique therapies like Varmam (Pressure manipulation procedure), Thokkanam (Therapeutic manipulation and mobilization procedure), and external therapies like Patru (Poultice), Ottradam (Fomentation), Attai Vidal (Leech Therapy) etc., application of medicated oils and higher order Siddha herbo- mineral preparations are effective in the management of Rheumatoid Arthritis and Ankylosing Spondylitis.

(d): Under Central Government Health Scheme (CGHS), consultation and OPD (Out Patient Department) medicines are provided at the CGHS Siddha Units. The details of CGHS dispensaries with Siddha facilities, location-wise, are as under:

1. K. K. Nagar Siddha Unit, Chennai, Tamil Nadu
2. Anna Nagar Siddha Unit, Chennai, Tamil Nadu
3. Lodhi Road Siddha Unit, New Delhi

The CGHS intend to provide these facilities through all Government Siddha Hospitals, National Institute of Siddha, Chennai, Tamil Nadu.

(e): Measures to improve the efficacy of the treatment and therapy are a continuing process. Changes are made in the treatment/therapy regimen, to improve the efficacy on the basis of scientific and clinical data received.
