

**GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF SCHOOL EDUCATION AND LITERACY**

**LOK SABHA
UNSTARRED QUESTION NO. 1349
TO BE ANSWERED ON 25th November, 2019**

Physical Education

†1349. SHRI TIRATH SINGH RAWAT:

Will the **Minister** of **HUMAN RESOURCE DEVELOPMENT** be pleased to state:

- (a) whether Physical Education is currently being taught in Junior High Schools as a mandatory subject as per the past practice and if so, the details thereof;
- (b) whether Physical Education has been included in the courses offered under the New Education Policy and if so, the details thereof
- (c) whether the Government proposes to include Yoga as a mandatory subject in all the classes at school level under the New Education Policy; and
- (d) if so, the details thereof?

ANSWER

**MINISTER OF HUMAN RESOURCE DEVELOPMENT
(SHRI RAMESH POKHRIYAL 'NISHANK')**

- (a) : As per the National Curriculum Framework, 2005, Health and Physical Education is a Compulsory subject from Class I to X. In this regard, National Council of Educational Research and Training (NCERT) has brought out material for Class VI, VII and VIII as Teachers Guide and for Class IX Textbooks on Health and Physical Education (HPE). In addition, Central Board of Secondary Examination (CBSE) has introduced a streamlined and well designed Health and Physical Education (HPE) Program to mainstream health and physical education in schools for students of class I - XII. The schools have been directed to reserve one period per day for HPE/ sports. This program is compulsory for all affiliated schools of CBSE.

Department of School Education and Literacy has launched an Integrated Scheme for School Education-Samagra Shiksha, with effect from 1st April, 2018. The new integrated scheme envisages school education as a continuum from pre-school to senior secondary level and aims to ensure inclusive and equitable quality education at all levels. Realizing the need for holistic development of children, under the Samagra Shiksha, Sports and Physical Education component has been introduced for the first time for encouragement of Sports, Physical activities, Yoga, Co-curricular activities etc.

(b) to (d): Committee for the Draft National Education Policy (NEP) under the Chairmanship of Dr. K. Kasturirangan submitted its report to the Ministry on 31st May 2019. The Draft NEP states that all school subjects will be considered curricular rather than extra-curricular or co-curricular, including sports, yoga etc. Further, it states that all students at all levels of school will have regular periods and opportunities to participate in physical activity and exercise, including sports, games, yoga, martial arts, dance, gardening, and more, in accordance with local availability of teachers and facilities.
