

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 1031
TO BE ANSWERED ON 22ND NOVEMBER, 2019**

EFFICACY OF HOMOEOPATHIC/AYURVEDIC MEDICINES

1031. SHRI RAJESHBHAI CHUDASAMA:

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

(a) the details of studies conducted by the Government especially through randomized double-blind trials and in large survey cohorts of varied categories, that prove the efficacy of Homoeopathic and Ayurvedic medicines for any disorder or disease;

(b) whether such studies have been peer-reviewed and cross-verified with international studies and standards and if so, the details thereof;

(c) if not, the reasons therefor;

(d) whether any prescribed medications, or medications promoted by the Ministry or its statutory bodies, had a recorded instance of side-effects, or been shown to cause side-effects by any independent study; and

(e) if so, the details thereof?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

(a) to (c): Central Research Councils of Homoeopathy and Ayurvedic Sciences are engaged in validation studies of Homoeopathic and Ayurvedic medicines and development of drugs through various research designs including open label observational and double blind randomized controlled trials (RCTs) and large survey cohorts of varied categories that prove the efficacy of homoeopathic and Ayurvedic

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medicines. Through Extramural Research (EMR) Scheme also, some such studies have been conducted. Details are as under-

Programs	RCT	Observational / Cohort studies
Central Council for Research in Homoeopathy	13	52
Extramural Research Projects on Homoeopathy medicines	8	6
Central Council for Research in Ayurvedic Sciences	13	21
Extramural Research projects on Ayurvedic medicines.	01	10

Central Council for Research in Ayurvedic Sciences has been conducting clinical trials for validation of Classical Ayurvedic formulations and also for development of new Ayurvedic formulations adopting prevalent guidelines such as Good Clinical Practices Guidelines for ASU drugs (GCP-ASU) published by Ministry of AYUSH, Ethical guidelines for Bio-Medical Research published by Indian Council of Medical Research (ICMR), WHO guidelines for research on traditional medicines etc. as per requirement.

The studies conducted by Central Council for Research in Homoeopathy have been peer reviewed and are cross verified with international studies. Further the studies are being conducted with prior approval of various Committees (namely; Scientific Committee for Clinical Research, Scientific Advisory Committee of the project institute, Scientific Advisory Body of the Council, Institutional Ethical Committee, Special Committee for Drug Proving, Special Committee for Fundamental and Collaborative Research) who examine, supervise and review the progress of the research work on human participants. The studies are monitored periodically by the scientists and experts of related field.

(d) and (e): Specific instances of side effects of Homoeopathic and Ayurvedic Medicines developed by Research Councils have not been reported nor is there any report of independent study done in this regard. However, 14 cases of adverse drug events resulted from the consumption of Homoeopathy medicines and 75 cases from the consumption of Ayurvedic medicines have been reported by the respective pharmacovigilance centres set up under the Central Scheme of Pharmacovigilance for safety monitoring of drugs.

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