

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 1022
TO BE ANSWERED ON 22ND NOVEMBER, 2019**

HIGH BLOOD PRESSURE DISEASE

1022. SHRI DIPSINH SHANKARSINH RATHOD:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the disease of high blood pressure is spreading rapidly in the country and if so, the reasons therefor;
- (b) whether abovesaid disease is also spreading in the lower age group/younger people;
- (c) if so, whether the Government is considering to take concrete steps to check the same; and
- (d) if so, the details thereof and if not, the reasons therefor?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI ASHWINI KUMAR CHOUBEY)**

(a) & (b): As per Global burden of Disease study, age standardized prevalence of High Systolic Blood Pressure increased by 3.3% during 1990 to 2016. As reported by ICMR, the disease is also being seen in lower age groups. The reported prevalence of hypertension among the younger age (18-25 years) is 12.1% in the year 2018.

(c) & (d): Government of India is implementing a National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) under National health Mission(NHM) for interventions up to District level. The Programme focuses on awareness generation for behavior and life-style changes, screening and early diagnosis of persons with high level of risk factors and their referral to higher facilities for appropriate management of non-communicable diseases (NCDs) including hypertension. Under the programme, 599 NCD Clinics at District level and 3274 NCD Clinics at CHC level have been set up.

For early diagnosis, Population-based initiative for prevention, control, screening and management of common Non-Communicable Diseases (NCDs) such as Diabetes, Hypertension and common Cancers viz. Oral, Breast and Cervical Cancer has been rolled out in 219 districts by utilizing the services of the frontline health workers under existing primary healthcare system. This will generate awareness at ground level about risk factors and early detection for Hypertension. Screening for common NCDs is also an integral part of service delivery under Ayushman Bharat- Pradhan Mantri Jan Arogya Yojana (PMJAY).

Further, in collaboration with the Ministry of AYUSH, an initiative to use the knowledge available in AYUSH system of medicines for prevention and control of Non-communicable Diseases is being implemented in 6 districts on pilot basis.

'India Hypertension Control Initiative' (IHCI) a collaborative project between Indian Council of Medical Research (ICMR), Ministry of Health & Family Welfare, State Governments and World Health Organization(WHO) aims to reduce disability and death related to cardiovascular disease by improving the control of hypertension. Phase-I of the project covers 25 districts of five States – Punjab, Kerala, MP, Telangana and Maharashtra. Phase-II for scaling up of the project to 100 districts has been initiated this year.