

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 91
TO BE ANSWERED ON 2nd FEBRUARY, 2024**

CASES OF STROKE

91. SHRI RAVNEET SINGH BITTU:

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government is aware that recent data from All India Institute of Medical Sciences (AIIMS) has revealed that stroke as a silent killer is increasingly becoming common among the younger people including teenagers in the country;
- (b) if so, the details thereof along with the number of deaths due to strokes especially among the younger population below 30 years during the last two years, year-wise and State/UT-wise especially in the State of Punjab;
- (c) whether the Government is taking any measures to spread awareness and regular monitoring etc. to help reduce the cases of strokes in the country;
- (d) if so, the details thereof; and
- (e) if not, the reasons therefor?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(PROF. SATYA PAL SINGH BAGHEL)**

(a) and (b): As per AIIMS, New Delhi, the frequency of stroke patients from 18 to 30 years of age is 6.65% as per the ongoing study from 6th January 2023 to 7th January 2024. Total number of deaths is 3 out of 40 admitted stroke patients in AIIMS during above period. As per Indian Council of Medical Research's (ICMR) population based stroke registry in Ludhiana, the estimated annual incidence of stroke in the age group of 18 to 49 were 46/100,000 person-years. ICMR doesnot collect data on deaths due to stroke among the younger populations, year wise and States/UTs wise.

(c) to (e): The Department of Health & Family Welfare, Government of India, provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Non Communicable Diseases (NP-NCD), as part of National Health Mission (NHM), based on the proposals received from the States/UTs and subject to the resource envelope. Stroke is an integral part of NP-NCD. The programme focusses on strengthening infrastructure, human resource development, health promotion & awareness generation for prevention, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the Non-Communicable Diseases (NCDs), including Stroke. Under NP-NCD, 753 District NCD Clinics and 6237 Community Health Center NCD Clinics have been setup.

A population-based initiative for prevention, control and screening for common NCDs i.e. diabetes, hypertension and common cancers has been rolled out in the country under NHM and also as a part of

Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening. Screening of these common NCDs is an integral part of service delivery under Ayushman Arogya Mandir.

Preventive aspect of Stroke is strengthened under Comprehensive Primary Health Care through Ayushman Arogya Mandir scheme, by promotion of wellness activities and targeted communication at the community level. Further initiatives for increasing public awareness about NCDs including Stroke and for promotion of healthy lifestyle includes observation of World Stroke Day and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through FSSAI. Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for NCDs to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs).
