

**GOVERNMENT OF INDIA
MINISTRY OF RAILWAYS**

**LOK SABHA
UNSTARRED QUESTION NO. 2844
TO BE ANSWERED ON 20.12.2023**

AMENITIES TO RAILWAY EMPLOYEES

**2844. SHRI RAM MOHAN NAIDU KINJARAPU:
SHRI JAYADEV GALLA:**

Will the Minister of RAILWAYS be pleased to state:

- (a) whether the Government has carried out any study / research / survey into amenities provided to railway employees at stations and offices to help them reduce stress and anxiety caused by their high-pressure jobs;**
- (b) if so, the details regarding the infrastructure built and funds allotted for the same in a division-wise manner over the last five years;**
- (c) whether the Government has carried out any survey of railway employees in regard to improving their working environment and conducting mental health awareness promotions;**
- (d) if so, the details thereof and if not, the reasons therefor;**
- (e) whether the Government has carried out regular psychological evaluation of railway employees engaged in high-pressure areas over the last five years, if so, the details thereof and if not, the reasons therefor;**
- (f) whether the Government has attached the services of counsellors / psychologists to help employees deal with mental health issues, if any; and**
- (g) if so, the details thereof and if not, the reasons therefor?**

ANSWER

**MINISTER OF RAILWAYS, COMMUNICATIONS AND
ELECTRONICS & INFORMATION TECHNOLOGY**

(SHRI ASHWINI VAISHNAW)

(a) to (g) : Indian Railways is the largest civil employer of the country and it treats its employees as assets to the organizations as they

ensure un-interrupted running of railway services across the country.

The organization has taken a number of measures towards providing amenities / facilities to its employees at their work places including railway stations, their residences etc. to minimize their stress and anxiety level. Various amenities include provision of Rest Rooms, Railway Institutes, Clubs & Community Centres, Libraries, Canteens, Creches, sports facilities, Holiday Homes, Hospitals & Health Units, Co-operative Societies, Railway Schools for their wards, housing, handicraft centres, etc.

Counsellors / psychiatrists are posted in railway hospitals and take care of the mental well being of the employees. There are training centres across the country which provide regular training courses on Stress Management, Yoga, and Meditation etc. Employees are encouraged to participate in recreation and group activities like Shramdan, Trekking, Thought Sharing, Cultural activities etc, which again translate into reducing anxiety and stress level of the employees. There is a unique concept of Staff Benefit Fund which provides financial support to promote these activities.
