

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 2294
TO BE ANSWERED ON 15TH DECEMBER, 2023**

MENTAL HEALTHCARE FACILITIES

2294. SHRI MAGUNTA SREENIVASULU REDDY:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government is aware that in rural areas the access to mental health facilities and professionals is hampered by inadequate infrastructure and if so, the details thereof along with the steps taken in this regard in the country, State/UT-wise including Andhra Pradesh (AP);
- (b) the details of the funds allocated for the same;
- (c) whether the Government proposes to create more infrastructure that are resistant in face of natural calamities like floods which AP is especially prone to; and
- (d) if so, the details thereof?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(PROF. S. P. SINGH BAGHEL)**

- (a) to (d) As per the National Mental Health Survey (NMHS) 2016, conducted by the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru in 12 States of the country, the prevalence of mental disorders in adults over the age of 18 years is about 10.6%. The treatment gap for mental disorders ranged between 70% to 92% for different disorders.

To enhance the capacity of health services in the country, the Government of India is implementing the National Mental Health Programme (NMHP). Under the Tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities, State-UT wise list of these institutions is enclosed at Annexure-I. The Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialties, State-UT wise list of these institutions is enclosed at Annexure-II. 22 AIIMS also have provision of Mental Health Services. These services are also available under PMJAY.

For providing affordable and accessible mental healthcare facilities in the country, the Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 738 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP

at the Community Health Centre(CHC) and Primary Health Centre(PHC) levels, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level.

In addition to the above, the Government is also taking steps to strengthen mental healthcare services at primary healthcare level. The Government has upgraded more than 1.6 lakh SHCs, PHCs, UPHCs and UHWCs to Ayushman Arogya Mandirs. Mental health services have been added in the package of services under Comprehensive Primary Health Care provided at these Ayushman Arogya Mandirs. Operational guidelines on Mental, Neurological, and Substance Use Disorders (MNS) at Ayushman Arogya Mandirs have been released under the ambit of Ayushman Bharat.

Besides the above, the Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 04.12.2023, 34 States/ UTs have set up 46 Tele MANAS Cells and have started mental health services and more than 4,81,000 calls have been handled on the helpline.

The budget allocated for mental health services under the Ministry, including allocation for National Mental Health Programme (NMHP), District Mental Health Programme (DMHP), National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, Assam and Central Institute of Psychiatry (CIP), Ranchi, during the last three years is as follows:

Sr. No.	Year	Total Allocation for Mental Health (Rs. in Crore)
1	2020-21	713.01
2	2021-22	846.17
3	2022-23	949.74 + 120.98*

*The amount of Rs. 120.98 crore was allocated for National Tele-Mental Health Programme (NTMHP) for the year 2022-23, which was launched on 10th October, 2022.

SCHEME – A : CENTRES OF EXCELLENCE

S.No.	State	Name of the Institute
1.	Kerala	IMHANS, Kozhikode, Kerala
2.	Gujarat	Hospital for Mental Health, Ahmadabad
3.	Odisha	SCB Medical College Hospital, Cuttack
4.	Kolkata	Institute of Psychiatry, Kolkata
5.	J&K	Psychiatric Diseases Hospital, Govt. Medical College, Srinagar
6.	Maharashtra	Maharashtra Institute of Mental Health, Pune
7.	Haryana	State Mental Health Institute, Pandit Bhagwat. Dayal Sharma University of Health Sciences, Rohtak
8.	Chandigarh	Government Medical College & Hospital, Chandigarh
9.	Telangana	Institute of Mental Health, Hyderabad
10.		Kakatiya Medical College, Warangal
11.	Punjab	Institute of Mental Health, Amritsar
12.	Madhya Pradesh	Gwalior Mansik Arogyashala, Gwalior
13.		MGM Medical College, Indore
14.	Goa	Institute of Psychiatry and Human Behaviour, Bambolim
15.	Karnataka	Dharwad Institute of Mental Health and Neurosciences
16.	Delhi	Dr. RML Hospital, Delhi
17.		IHBAS, Delhi
18.	Himachal Pradesh	Dr. Rajendra Prasad Govt. Medical College, Kangra, Tanda
19.	Rajasthan	S.P. Medical College, Bikaner
20.		SMS Medical College, Jaipur
21.	Andhra Pradesh	Hospital for Mental Care, Vishakhapatnam
22.	West Bengal	Department of Psychiatry, Calcutta Medical College
23.	Uttar Pradesh	Institute of Medical Sciences, Banaras Hindu University, Varanasi
24.		King George Medical University, Lucknow
25.		Institute of Mental Health and Hospital, Agra

SCHEME – B : STRENGTHENING/ ESTABLISHMENT OF PG DEPARTMENTS**(47 PG Departments in 19 Institutions)**

S.No.	State	Name of the Institute
1.	Karnataka	NIMHANS, Bangalore (2 PG Department)
2.	Jharkhand	Ranchi Institute of Mental Health & Neuro Sciences, Ranchi (4 PG Department)
3.	Delhi	Dr. RML Hospital, Delhi (3 PG Department)
4.	Assam	LGBRIMH, Tezpur (4 PG Department)
5.	Uttar Pradesh	CSM Medical University, Lucknow (4 PG Department)
6.	Tamil Nadu	Institute of Mental Health, Chennai (2 PG Department)
7.	Gujarat	Government Medical College, Surat (1 PG Department)
8.		PDU Medical College, Rajkot (1 PG Department)
9.	Rajasthan	R. N. T. College, Udaipur, Rajasthan (1 PG Department)
10.		S.P. Medical College, Bikaner (1 PG Department)
11.	Kerala	Govt. medical College, Trivandrum (4 PG Department)
12.	Madhya Pradesh	Shyam Shah Medical College, Rewa, Madhya Pradesh (1 PG Department)
13.	Mumbai	INHS Asvini (4 PG Department)
14.	Maharashtra	Regional Mental Hospital, Pune (4 PG Department)
15.		Regional Mental Hospital, Thane (2 PG Department)
16.		Regional Mental Hospital, Nagpur (2 PG Department)
17.	Jammu and Kashmir	Sher-i-Kashmir Institute of Medical Sciences, Srinagar, Jammu and Kashmir (4 PG Department)
18.	Himachal Pradesh	Indira Gandhi Medical College & Hospital, Shimla (2 PG Department)
19.	Karnataka	Karnataka Institute of Medical Sciences, Hubballi (1 PG Department)