

GOVERNMENT OF INDIA  
MINISTRY OF WOMEN & CHILD DEVELOPMENT

**LOK SABHA**  
**UNSTARRED QUESTION NO: 2172**  
TO BE ANSWERED ON 15.12.2023

**SABLA SCHEME**

2172. SHRI RAJA AMARESHWARA NAIK  
DR.SUKANTA MAJUMDAR  
SHRI VINOD KUMAR SONKAR  
SHRI BHOLA SINGH  
DR JAYANTA KUMAR ROY:

Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state:

- (a) Whether the Government has launched the Scheme for Empowerment of Adolescent Girls– SABLA, if so, the details thereof along with the achievements made thereunder so far;
- (b) the criteria fixed for identifying the beneficiaries under this scheme along with the number of adolescent girls benefited there under since its inception;
- (c) the details of the scheme to formulated to raise awareness about the SABLA and the outcome thereof;
- (d) the details and the outcome of the performance review of the SABLA scheme along with the challenges being faced in its implementation; and
- (e) whether the said scheme is proposed to be expanded to additional districts, if so ,the details thereof and the steps taken thereon indicating the quantum of nutritional supplements released there under during the last three years and the current year , States /UT-wise?

**ANSWER**

MINISTER OF WOMEN AND CHILD DEVELOPMENT  
(SHRIMATI SMRITI ZUBIN IRANI)

(a) to (e): For self-development and empowerment of adolescent girls in the age group of 11- 18 years, Rajiv Gandhi Scheme for Empowerment of Adolescent Girls -SABLA was launched in 2010 on pilot basis in 205 districts of the country. The scheme was renamed as Scheme for Adolescent Girls and extended to additional 303 districts across the country in 2017-18. Thereafter, with effect from 01.04.2018, the Scheme was extended to all the districts of the country covering only out-of-school adolescent girls in the age group of 11-14 years. With the enforcement of Right to Education Act, 2009,

there was a decline seen in the number of beneficiaries of the Scheme since the RTE Act provides legal entitlement for compulsory and free education to adolescent girls in the age group of 11-14 years and all the adolescent girls are entitled to go to school. Keeping this in view, Scheme for Adolescent Girls was revised w.e.f. 01.04.2022 and was subsumed under Mission Saksham Anganwadi and Poshan 2.0. The Scheme aims at providing nutritional support to Adolescent Girls (14-18 years) for improving their health and nutritional status in the Aspirational Districts and all North Eastern States.

This scheme consists of two components, viz., nutrition and non-nutrition. Under nutrition component, supplementary nutrition including micronutrients is provided in the form of Take Home Ration (THR) (not raw food material) for maximum of 300 days in a year. The non-nutrition component is based on convergence with different ministries wherein IFA supplementation, health check-up and referral services, nutrition & health education, skill training etc. is provided.

The beneficiaries under this scheme are Adolescent Girls in the age group of 14-18 years. The details regarding State-wise number of beneficiaries under the Scheme are given at **Annexure – I**.

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**Annexure referred to in reply to part (a) of Lok Sabha Unstarred Question  
No.2172 for 15.12.2023 regarding SABLA Scheme**

**No. of beneficiaries under SAG\***

SL .No	States/UT	* No. of Beneficiaries (2023-24)
1	Andhra Pradesh	14736
2	Arunachal Pradesh	14848
3	Assam	159891
4	Bihar	258944
5	Chhattisgarh	128976
6	Gujarat	78207
7	Haryana	18545
8	Himachal Pradesh	17165
9	Jammu and Kashmir	20157
10	Jharkhand	261919
11	Karnataka	1686
12	Kerala	19352
13	Madhya Pradesh	154954
14	Maharashtra	119365
15	Manipur	52641
16	Meghalaya	57187
17	Mizoram	23552
18	Nagaland	27347
19	Odisha	298346
20	Punjab	30265
21	Rajasthan	46833
22	Sikkim	9462
23	Tamil Nadu	40777
24	Telangana	35330
25	Tripura	35552
26	Uttar Pradesh	267262
27	Uttarakhand	77196
	<b>Total</b>	<b>2270495</b>

\* As per Poshan Tracker data for November 2023