GOVERNMENT OF INDIA MINISTRY OF HOME AFFAIRS

LOK SABHA UNSTARRED QUESTION NO. 1387

TO BE ANSWERED ON THE 12^{TH} DECEMBER, 2023/ AGRAHAYANA 21, 1945 (SAKA)

SUICIDE CASES

1387. SHRI VISHNU DAYAL RAM:

Will the Minister of HOME AFFAIRS be pleased to state:

(a) whether suicide cases are the second most prevalent cause of death among young citizens aged between 15-29;

(b) if so, the number of suicide cases reported in the country during the last four years and the current year, age-wise and State/UT-wise including Jharkhand;

(c) whether the Government has conducted any comprehensive study to understand major causes of suicide among young people in the country;

- (d) if so, the details and the outcomes thereof;
- (e) if not, the reasons therefor; and

(f) the details of the action taken by the Government to reduce suicide cases amongst young individuals in the country?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF HOME AFFAIRS (SHRI NITYANAND RAI)

(a) to (f): National Crime Records Bureau (NCRB) compiles and publishes

data on suicides in its publication 'Accidental Deaths & Suicides in India

(ADSI)'. The published reports till the year 2022 are available on NCRB's

website (https://ncrb.gov.in).

With a view to address the burden of mental disorders, Government of India is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 738 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre (CHC) and Primary Health Centre (PHC) levels, inter- alia, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services, there is a provision of 10 bedded in-patient facility at the district level. The objectives of DMHP are:

- i. to provide suicide prevention services, work place stress management, life skills training and counselling in schools and colleges.
- ii. to provide mental health services including prevention, promotion and long-term continuing care at different levels of district healthcare delivery system.
- iii. to augment institutional capacity in terms of infrastructure, equipment and human resource for mental healthcare.
- iv. to promote community awareness and participation in the delivery of mental healthcare services.

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Ministry of Health and Family Welfare Ministry (MoH&FW) has also formulated country's first National Suicide Prevention Strategy. The Strategy is available on its website <u>(www.mohfw.gov.in).</u>

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Besides the above, MoH&FW has launched a "National Tele Mental Health Programme" on 10th October, 2022, to further improve access to quality mental health counselling and care services in the country. As on 04.12.2023, 34 States/ UTs have set up 46 Tele MANAS Cells and have started mental health services and more than 4,81,000 calls have been handled on the helpline.

Further, Department of Higher Education has also been requested for wide publicity of NTMHP / Tele MANAS in the educational institutes under their department and share the helpline number among the students to access the helpline during stressful and challenging times. All States/UTs have also been requested for wide circulation and publicity of NTMHP / Tele MANAS in the respective States/UTs especially among students in educational institutions. All Institutes of National Importance, AIIMS and Central Government Medical Colleges have also been requested to publicize Tele MANAS among students to access the helpline at any time for free and confidential support.

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