

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**LOK SABHA
UNSTARRED QUESTION NO-448
TO BE ANSWERED ON 21.07.2023**

INTERNATIONAL DAY OF YOGA

**448. DR. AMOL RAMSING KOLHE:
DR. SUBHASH RAMRAO BHAMRE:
DR. NISHIKANT DUBEY:
SHRI MANOJ TIWARI:
SHRI KULDEEP RAI SHARMA:
SHRIMATI SUPRIYA SULE:
DR. DNV SENTHILKUMAR.S:**

Will the Minister of **Ayush** be pleased to state:

- (a) the details of the programmes conducted on the occasion of ninth International Day of Yoga across the country along with the number of countries where such programmes were organized by the Ministry;
- (b) whether the Government has any plan to set up Yoga training centres along with provision of Yoga Instructors and necessary infrastructure to create awareness among the masses across the country, particularly at the village level and if so, the details thereof;
- (c) the number and the name of places where new Yoga training centres have been set up across the country during the last three years and the current year, State/UT-wise and district-wise;
- (d) whether the Government proposes to increase Yoga Instructors by strengthening the related infrastructure for promotion of yoga and if so, details thereof; and
- (e) the steps taken/proposed to be taken by the Government to become world leader in yoga treatment and traditional medicines?

**ANSWER
THE MINISTER OF AYUSH
(SHRI SARBANANDA SONOWAL)**

(a): People performed Yoga during observation of 9th International Day of Yoga (IDY) on 21st June, 2023 throughout the country in all states and districts. Various IDY related events were organized across the globe by multiple stakeholders. The main event of International Day of Yoga was conducted at Jabalpur, Madhya Pradesh. This event was led by Hon'ble Vice President, Sh. Jagdip Dhankhar.

Ministry of Ayush provides technical support to Indian Missions abroad for various Yoga activities. As per information received from ICCR, 9th International Day of Yoga (IDY) was observed in **195 countries across the world**.

(b) to (d): Since Public Health is a State subject, setting up/ managing Yoga Centres and appointing Yoga Instructors come under the purview of respective State/ UT Governments, Ministry of Ayush is not maintaining specific data related to functioning of Yoga Centers.

However, the Ministry is implementing the Centrally Sponsored Scheme of National Ayush Mission (NAM) through State/UT Governments for development & promotion of different Ayush systems in the country including Yoga and providing financial assistance to them as per the proposals received in their State Annual Action Plans (SAAPs). State/UT Governments may avail financial assistance by submitting proposals through State Annual Action Plans (SAAPs) as per the NAM guidelines. Under National Ayush Mission (NAM), Ministry of Ayush is implementing the operationalization of 12,500 Ayush Health and Wellness Centers (HWCs) through State/UT Governments. At all these Ayush HWCs, Yoga is being taught to the public.

(e): Ministry of Ayush promotes Yoga through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune.

MDNIY provides various courses for Yoga education. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. NIN, a premier institute for Naturopathy organizes various activities related to Naturopathy and Yoga. Also, under the Central Council for Research in Yoga & Naturopathy (CCRYN), an autonomous body under the Ministry of Ayush, two Central Research Institutes of Yoga and Naturopathy with 200 bedded Yoga and Naturopathy hospitals are established at Jhajjar, Haryana and Nagamangala, Karnataka.

The activities and programs of MDNIY, CCRYN and NIN are available on the websites i.e. yogamdniy.nic.in, www.ccryn.gov.in and ninpune.ayush.gov.in respectively.

At the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga. The Ministry of Ayush is the nodal Ministry for observation of the International Day of Yoga (IDY) every year. IDY observation is focused on a Mass Yoga demonstration based on Common Yoga Protocol (CYP) which is publicly available on the Yoga Portal (yoga.ayush.gov.in).

Considering the need of Yoga enthusiasts worldwide, the Ministry has developed Yoga Break (Y-Break) mobile application. This app is especially designed for persons at work place so as to keep them stay fit and healthy with a view to increase productivity.

Ministry of Ayush and World Health Organization (WHO) had jointly undertaken a project, named, m-Yoga in the year 2019. This envisages the concept of the 'Be Healthy, Be Mobile'

(BHBM) under the United Nations Sustainable Development Goals to achieve Universal Health Coverage by 2030. The m-Yoga mobile App was launched by Honorable Prime Minister of India on June 21, 2021 on the occasion of International Day of Yoga-2021.

Further, Ministry of Ayush has developed a Central Sector Scheme for Promotion of International Co-operation in AYUSH (IC Scheme) under which the Ministry provides support to Indian Ayush Manufacturers/ Ayush Service providers to give boost to the export of AYUSH products & services, facilitate the International promotion, development and recognition of AYUSH system of medicine, foster interaction of stakeholders and market development of AYUSH at International level, promote academics and research through the establishment of AYUSH Academic Chairs in foreign countries and holding training workshop/symposiums for promoting and strengthening awareness and interest about AYUSH Systems of Medicine at International level.

Further, WHO Global Centre for traditional medicine has been established in Jamnagar, Gujarat, India.
