### GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH AND FAMILY WELFARE

# LOK SABHA UNSTARRED QUESTION NO. 272 TO BE ANSWERED ON 21st July, 2023

#### NATIONAL PROGRAM FOR PREVENTION AND CONTROL OF NCDS

## 272. SHRI FEROZE VARUN GANDHI: SHRI SYED IMTIAZ JALEEL:

### Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether the Government has recently renamed the National Action Plan for NCDs as 'National Program for Prevention and Control of NCDs' (NP-NCD) and if so, the details thereof;
- (b) whether the Government proposes to prevent and control NCDs through the NP-NCD and if so, the details thereof;
- (c) whether the Government has data on the prevalence of different kinds of NCDs among the Indian population and if so, the details thereof, State/ UT-wise; and;
- (d) whether the Government proposes to revamp and strengthen the infrastructure for screening and early detection of NCDs and if so, the details thereof?

#### **ANSWER**

# THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (PROF. SATYA PAL SINGH BAGHEL)

(a) to (d); The National Program for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) is implemented by Government of India under National Health Mission (NHM) across the country to address the rising challenge of NCDs. In the last few years, many new diseases or disease-groups/new initiatives have been added to the NPCDCS such as Non Alcoholic Fatty Liver Disease, Chronic Kidney Disease, STEMI etc. as such there is a need that Scheme in its present form may subsume all types of NCDs under a new name. To this effect, Ministry has decided to rename 'NPCDCS' as "National Programme for Prevention & Control of Non-Communicable Diseases (NP-NCD)" in May 2023.

A population-based initiative for prevention, control and screening for common NCDs i.e., diabetes, hypertension and common cancers has been rolled out in the country under NHM and also as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening for common NCDs (Diabetes, Hypertension, Common Cancers i.e. Oral,

Breast and Cervical). Screening of these common NCDs is an integral part of service delivery under Ayushman Bharat – Health and Wellness Centres.

The Department of Health & Family Welfare, Government of India provides technical and financial support to the States/UTs to implement the NP-NCD under NHM. The programme includes the following,

- i. Strengthening infrastructure
- ii. Human resource development
- iii. Health promotion
- iv. Screening of 30 years and above population under Ayushman Bharat Health Wellness Centre Scheme
- v. Early diagnosis and management
- vi. Referral to an appropriate level of healthcare facility

Under NP-NCD, 724 District NCD Clinics, 210 District Cardiac Care Units, 326 District Day Care Centres and 6110 Community Health Centre NCD Clinics have been set up.

NCDs patients are getting treatment at various health facilities in the health care delivery system including Ayushman Bharat- Health and Wellness Centres (AB-HWC), Public Health Centres, Community Health Centres, District Hospitals, Medical Colleges, Central Institutes like AIIMS, Central Government hospitals, and private sector hospitals. The treatment in Government Hospitals is either free or highly subsidized for the poor and needy patients.

According to the ICMR study report "India: Health of the Nation's States"- The India State-Level Disease Burden Initiative: 2017 (<a href="https://www.healthdata.org/sites/default/files/files/policy\_report/2017/India\_Health\_of\_the\_Nation%27s\_States\_Report\_2017.pdf">https://www.healthdata.org/sites/default/files/files/policy\_report/2017/India\_Health\_of\_the\_Nation%27s\_States\_Report\_2017.pdf</a>.), the proportion of Non Communicable Diseases (NCDs) have increased in India from 30.5% in 1990 to 55.4% in 2016. Details is as under:

Name of the disease	Proportion to major disease groups	
	1990	2016
Ischemic Heart Disease	3.7%	8.7%
Diabetes	0.7%	2.2%
High blood pressure	3.9%	8.5%

Preventive aspect of NCDs is strengthened under Comprehensive Primary Health Care through AB-HWC scheme, by promotion of wellness activities and targeted communication at the community level. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC)

activities for NCDs to be taken by the States/UTs as per their Programme Implementation Plans (PIPs). Other initiatives for increasing public awareness about Cardiovascular Diseases and for promotion of healthy lifestyle includes observation of National and International Day and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through Food Safety and Standards Authority of India (FSSAI). Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH.

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