

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 259
TO BE ANSWERED ON 21st JULY, 2023**

PREVALENCE OF DIABETES CASES IN KERALA

259. SHRI V.K. SREEKANDAN:

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is a fact that according to the Indian Council of Medical Research and India Diabetes (ICMR-INDIAB) study, Kerala figures amongst the three States with the worst overall indicators and if so, the details thereof;
- (b) whether Kerala is perhaps one State which is showing up consistently in the red in the nation's metabolic health report;
- (c) whether it is also true that the State of Kerala is also facing a high prevalence of other non-communicable diseases and if so, the details thereof;
- (d) whether the Government is considering sending a team of medical experts to oversee the situation there; and
- (e) if so, the details thereof?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(PROF. SATYA PAL SINGH BAGHEL)**

(a) to (e): As per Indian Council of Medical Research - India Diabetes (ICMR-INDIAB) study, the prevalence of diabetes in Kerala is 24%, which is one of the highest figures in the country.

According to the ICMR study Report "India: Health of the Nation's States", Non-Communicable Diseases contributed 74.6% of the total burden of diseases in Kerala. The detailed report is available at the following link-

https://www.healthdata.org/sites/default/files/files/policy_report/2017/India_Health_of_the_Nation%27s_States_Report_2017.pdf

The Department of Health & Family Welfare, Government of India, provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Non-Communicable Diseases (NP-NCD), as part of National Health Mission (NHM), based on the proposals received from the States/UTs and subject to the resource envelope. The programme focusses on strengthening infrastructure, human resource development, health promotion & awareness generation for prevention, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the Non-Communicable Diseases (NCDs). For activities upto district level and below, States are given financial assistance under NHM in the ratio of 60:40

(90:10 in case of NE and hilly States). In Kerala, 14 District NCD Clinics, 12 Cardiac Care Units, 24 District Day Care Centres, and 227 Community Health Center NCD Clinics have been setup.

A population-based initiative for prevention, control and screening for common NCDs i.e. diabetes, hypertension and common cancers has been rolled out in the country under NHM and also as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening. Screening of these common NCDs is an integral part of service delivery under Ayushman Bharat – Health and Wellness Centres.

Preventive aspect of NCDs is strengthened under Comprehensive Primary Health Care through Ayushman Bharat Health Wellness Centre scheme, by promotion of wellness activities and targeted communication at the community level. Other initiatives for increasing public awareness about NCDs and for promotion of healthy lifestyle includes observation of International & National Health Days and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through FSSAI. Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NP-NCD gives financial support under NHM for awareness generation (IEC) activities for Cardiovascular Diseases to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs).

Regular review meetings are conducted with all States/UTs including Kerala under NP-NCD from time to time. The Common Review Mission is also conducted every year to evaluate the programmes under NHM including NP-NCD.
