

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
STARRED QUESTION NO. 129
TO BE ANSWERED ON THE 28TH JULY, 2023**

MENTAL HEALTH INSTITUTIONS

***129. SHRI RAVIKUMAR D.:**

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

- (a) whether the Government has conducted an analysis of the ratio of mental health patients to psychiatrists/psychologists in Government run mental health institutions;
- (b) if so, the details of the findings thereof, State/UT-wise;
- (c) if not, whether the Government proposes to conduct the same;
- (d) whether the Government has mandated the State Governments/UTs to increase the number of Mental Health Institutions in the country and if so, the details thereof; and
- (e) if not, whether the Government proposes to set up such institutions with its own funds?

**ANSWER
THE MINISTER OF HEALTH AND FAMILY WELFARE
(DR MANSUKH MANDAVIYA)**

(a) to (e) A Statement is laid on the Table of the House.

**STATEMENT REFERRED TO IN REPLY TO LOK SABHA
STARRED QUESTION NO. 129 FOR 28TH JULY, 2023**

(a) to (c) In 2015-16 the Government conducted a National Mental Health Survey (NMHS) through National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore in 12 States of the country.

As per the survey, the availability of psychiatrists (per lakh population) and clinical psychologists (per lakh population) in the 12 States where NMHS was conducted is as follows:

Sr. No.	State	Psychiatrists	Clinical Psychologists
1	Assam	0.29	0.06
2	Chattisgarh	0.14	0.07
3	Gujarat	0.53	0.02
4	Jharkhand	0.31	0.06
5	Kerala	1.20	0.63
6	Madhya Pradesh	0.05	0.02
7	Manipur	0.56	0.49
8	Punjab	0.46	0.04
9	Rajasthan	0.10	0.01
10	Tamil Nadu	0.30	0.09
11	Uttar Pradesh	0.15	0.02
12	West Bengal	0.55	0.05

The survey found the prevalence of mental disorders including common mental disorders, severe mental disorders, and alcohol and substance use disorders (excluding tobacco use disorder) in adults over the age of 18 years is about 10.6%.

(d) & (e) For providing affordable and accessible mental healthcare facilities in the country, the Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 738 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre(CHC) and Primary Health Centre(PHC) levels, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to the above services there is a provision of 10 bedded in-patient facility at the District level.

To provide specialized care for mental health patients under the tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned in the Central and State Government Mental Health Institutions & Medical Colleges to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. Further, the Government has also supported 19 Government medical colleges/institutions in various States to strengthen 47 PG Departments in mental health specialties. Mental Health Services are also provisioned for 22 AIIMS. These services are also available under PMJAY.

Funds allocated for the year 2023-24 to 03 (three) Central Mental Health Institutions, namely, National Institute of Mental Health and Neuro Sciences (NIMHANS), Bengaluru, Lokopriya Gopinath Bordoloi Regional Institute of Mental Health (LGBRIMH), Tezpur, Assam, and Central Institute of Psychiatry (CIP), Ranchi, under the administrative control of the Central Government are as under:

Name of the Institution	Funds Allocated (Rs. in Crore)
NIMHANS, Bengaluru	721.15
LGBRIMH, Tezpur, Assam	63.66
CIP, Ranchi	144.19

Besides the above, the Government has launched a “National Tele Mental Health Programme” on 10th October, 2022, to improve access to quality mental health counselling and care services in the country. As on 18.07.2023, 31 States/ UTs have set up 42 Tele MANAS Cells and have started tele mental health services. More than 1,94,000 calls have been handled on the helpline number.
