

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 5023
TO BE ANSWERED ON 31ST MARCH, 2023**

ANEMIC WOMEN

5023. SHRI BHARTRUHARI MAHTAB:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government is aware of the increase in rate of Anemic women in the age group of 15-49 from 53.1% to 57% in NFHS-4 to NFHS5 data;
- (b) if so, the details of the measures taken/being taken to address the problem;
- (c) the steps taken/being taken to address the peculiar challenge in Odisha where this rate is particularly higher i.e. 64.3% in NFHS-5 from 51% in NFHS-4; and
- (d) the details of efficacy and outcomes of Anemia Mukh Bharat during the last five years and the current year, State/UT-wise?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY
WELFARE
(DR. BHARATI PRAVIN PAWAR)**

(a) to (c)

The prevalence of anaemia in women (15-49 years) across the country is 57.0 percent as per National Family Health Survey 5 (NFHS-5, 2019-21) and 53.1 percent as per NFHS-4 (2015-16). In 2018, the Government launched the Anaemia Mukh Bharat (AMB) strategy to reduce prevalence of anaemia in women, children and adolescents through life cycle approach. The 6X6X6 strategy aims to reduce anaemia among six beneficiaries age groups through implementation of six interventions of prophylactic Iron Folic Acid Supplementation; Periodic deworming; year round Social Behaviour Change Communication (SBCC) campaign for improving compliance to Iron Folic Acid supplementation and deworming; enhancing appropriate infant and young child feeding practices, encouraging increase in intake of iron-rich food through diet diversity, fortified foods with focus on harnessing locally available resources; haemoglobin estimation using Digital Invasive Haemoglobinometer and treatment of anaemia; addressing non-nutritional causes of anaemia via robust institutional mechanisms.

The State of Odisha has launched State specific campaign ‘Anaemia Mukta Lakshya Abhiyan’ (AMLAN) in line with the GOI guidelines to address the challenge of anaemia with focussed on activities such as testing of beneficiaries (Children 6-59 months, out-of school adolescent girls 10-19 years, Women of reproductive age 20-24 years, pregnant women and lactating mothers) for haemoglobin estimation at Village Health Sanitation and Nutrition Day (VHSND)/ Urban Health Sanitation and Nutrition Day (UHSND); haemoglobin estimation of all students class 1 to class 12 in schools; haemoglobin estimation of left out beneficiaries at Test, Treat and Talk (T3) camps; administration of therapeutic dose to those diagnosed anaemic and referral to higher centres as per management protocol; counselling and follow-up services.

(d)

The State/UT wise details on outcome of Anaemia Mukta Bharat is at Annexure.

Annexure

State / UT-wise Anaemia Prevalence in children and women as per National Family Health Survey [NFHS-4 (2015-16) & NFHS-5 (2019-21)]

S.No	States/UTs	Children age 6-59 months who are anaemic (%)		All women age 15-19 years who are anaemic (%)		Pregnant women age 15-49 years who are anaemic (%)		All women age 15-49 years who are anaemic (%)	
		NFHS 4	NFHS 5	NFHS 4	NFHS 5	NFHS 4	NFHS 5	NFHS 4	NFHS 5
1	Andhra Pradesh	58.6	63.2	61.1	60.1	52.9	53.7	60.0	58.8
2	A & N Islands	49.0	40.0	68.1	44.9	61.4	53.7	65.7	57.5
3	Arunachal Pradesh	54.2	56.6	48.2	48.5	37.8	27.9	43.2	40.3
4	Assam	35.7	68.4	42.7	67.0	44.8	54.2	46.0	65.9
5	Bihar	63.5	69.4	61.0	65.7	58.3	63.1	60.3	63.5
6	Chandigarh	73.1	54.6	74.7	57.7	*	*	75.9	60.3
7	Chhattisgarh	41.6	67.2	45.5	61.4	41.5	51.8	47.0	60.8
8	Delhi	59.7	69.2	55.1	51.6	46.1	42.2	54.3	49.9
9	DND & DD	82.0	75.8	75.9	63.9	62.3	60.7	72.9	62.5
10	Goa	48.3	53.2	30.5	44.5	26.7	41.0	31.3	39.0
11	Gujarat	62.6	79.7	56.5	69.0	51.3	62.6	54.9	65.0
12	Haryana	71.7	70.4	62.7	62.3	55.0	56.5	62.7	60.4
13	Himachal Pradesh	53.7	55.4	52.7	53.2	50.4	42.2	53.5	53.0
14	Jammu & Kashmir	53.8	72.7	49.9	76.2	46.9	44.1	48.9	65.9
15	Jharkhand	69.9	67.5	65.0	65.8	62.6	56.8	65.2	65.3
16	Karnataka	60.9	65.5	45.3	49.4	45.4	45.7	44.8	47.8
17	Kerala	35.7	39.4	37.8	32.5	22.6	31.4	34.3	36.3
18	Ladakh	91.4	92.5	81.6	96.9	79.3	78.1	78.4	92.8
19	Lakshadweep	53.6	43.1	59.0	31.4	39.0	20.9	46.0	25.8
20	Madhya Pradesh	68.9	72.7	53.2	58.1	54.6	52.9	52.5	54.7
21	Maharashtra	53.8	68.9	49.7	57.2	49.3	45.7	48.0	54.2
22	Manipur	23.9	42.8	21.1	27.9	26.0	32.4	26.4	29.4
23	Meghalaya	48.0	45.1	52.1	52.5	53.3	45.0	56.2	53.8
24	Mizoram	19.3	46.4	21.3	34.9	27.0	34.0	24.8	34.8
25	Nagaland	26.4	42.7	26.3	33.9	32.7	22.2	27.9	28.9
26	Odisha	44.6	64.2	51.0	65.5	47.6	61.8	51.0	64.3
27	Puducherry	44.9	64.0	55.0	58.4	26.0	42.5	52.4	55.1
28	Punjab	56.6	71.1	58.0	60.3	42.0	51.7	53.5	58.7
29	Rajasthan	60.3	71.5	49.1	59.4	46.6	46.3	46.8	54.4
30	Sikkim	55.1	56.4	48.7	46.7	23.6	40.7	34.9	42.1
31	Tamil Nadu	50.7	57.4	54.2	52.9	44.4	48.3	55.0	53.4
32	Telangana	60.7	70.0	59.7	64.7	48.2	53.2	56.6	57.6
33	Tripura	48.3	64.3	52.2	67.9	54.4	61.5	54.5	67.2
34	Uttar Pradesh	63.2	66.4	53.7	52.9	51.0	45.9	52.4	50.4
35	Uttarakhand	59.8	58.8	46.4	40.9	46.5	46.4	45.2	42.6
36	West Bengal	54.2	69.0	62.2	70.8	53.6	62.3	62.5	71.4