3549. SHRI DHAIRYASHEEL SAMBHAJIRAO MANE:
SHRI SUDHEER GUPTA:
SHRI SHRIRANG APPA BARNE:
SHRI BIDYUT BARAN MAHATO:
SHRI PRATAPRAO JADHAV:
SHRI SANJAY SADASHIVRAO MANDLIK:

Will the Minister of RAILWAYS be pleased to state:

(a) whether the Railways has changed /proposes to change the catering menu for the passengers and if so, the details thereof;

(b) whether the Railways proposes to include more traditional and regional dishes, baby foods for small children and other relevant dishes as per the health requirement of passengers in the catering menu;

(c) if so, the details thereof and the criteria likely to be followed for deciding the menu;

(d) whether the Railways proposes to include dishes made of millets in the catering menu considering the international millets year, 2023 and if so, the names of dishes included therein;

(e) whether this facility of changed catering menu will be available in all the trains in the country and if so, the details thereof; and

(f) if not, the time by which this facility is likely to be made available in all the trains in the country?

ANSWER

MINISTER OF RAILWAYS, COMMUNICATIONS AND ELECTRONICS & INFORMATION TECHNOLOGY

(SHRI ASHWINI VAISHNAW)

(a) to (c): Yes, Sir. Indian Railways (IR) has taken initiatives to offer the items of regional cuisines /preferences, seasonal delicacies. IR has also introduced food items as per the preferences of different groups of passengers and health food options such as Jain Food, Diabetic Menu, Baby Food, etc. in the menu of catering services in trains over IR.
Some of the highlights of menu revision are as under:

- Menu is designed without affecting the existing tariff.
- Inclusion of Regional food preferences such as Dalma, Gujarati Kathi Meeti Kadhi, Macher Jhol Fish Curry, Sambhar etc.
- Inclusion of Millet items such as Ragi Laddoo, Ragi Kachori, Ragi Idli, Ragi Dosa (Masala), Ragi Uttapam etc.
- Introduction of Diabetic & Jain menu.
- 2 Namkeen items have been reduced to 1 item and sandwich introduced in 2A/3A/CC Rajdhani/ Shatabdi/ Duronto trains.
- Introduction of seasonal dry veg.
- Introduction of jaggery powder and honey sachet as healthy options to sugar.

(d): Yes, Sir. The year 2023 is the "International Year of Millets". IR has introduced food items made of millets such as Millet Laddoo, Millet Kachori, Millet Khichdi, Millet Dalia, Millet Biscuits, Ragi Idli, Ragi Dosa (Masala), Ragi Uttapam etc. in the catering menu being served to passengers in trains.

(e) and (f): The newly changed menu has been introduced in trains progressively w.e.f. 26th January, 2023. It is a continuous endeavour of IR to make available food items to travelling passengers in trains as per their requirement and feedback.

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