

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 2783
TO BE ANSWERED ON 17th MARCH, 2023**

RIISING CASES OF LIFESTYLE DISEASES

2783. SHRI M K RAGHAVAN:

Will the **MINISTER OF HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government has noticed a rise in lifestyle diseases in the country and if so, the details regarding the steps and measures taken for spreading awareness in this regard;
- (b) whether the Government has noticed that one of the reasons for increasing lifestyle diseases is due to consuming unhealthy food from outside and the Food laws are not stringent enough to regulate in this regard and if so, the details of steps taken/proposed to be taken to bring in better food regulation;
- (c) whether the Government has observed a rise in food poisoning cases being detected in Kerala causing widespread concern on public health and if so, the details of steps taken to ensure that food regulation become strict in Kerala; and
- (d) whether Kerala has sufficient food testing labs and if so, the details of the same, district-wise?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

(a): The Department of Health & Family Welfare provides technical and financial support to the States/UTs under the National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS), as part of National Health Mission (NHM), based on the proposals received from the States/UTs and subject to the resource envelope. The programme focusses on strengthening infrastructure, human resource development, health promotion & awareness generation, early diagnosis, management and referral to an appropriate level of healthcare facility for treatment of the Non-Communicable Diseases (NCDs) which are also known as lifestyle diseases. Under NPCDCS, 698 District NCD Cells, 708 District NCD Clinics, 194 District Cardiac Care Units, 301 District Day Care Centres and 5671 Community Health Centre NCD Clinics have been set up.

A population-based initiative for prevention, control and screening for common Non-Communicable Diseases (NCDs) i.e., diabetes, hypertension and common cancers has been rolled out in the country

under NHM and also as a part of Comprehensive Primary Health Care. Under the initiative, persons more than 30 years of age are targeted for their screening for common NCDs. Screening of these common NCDs is an integral part of service delivery under Ayushman Bharat – Health and Wellness Centres.

Ayushman Bharat- Health and Wellness Centres (AB-HWCs), included primary healthcare services expanded from selective to Comprehensive Primary Health Care (CPHC) inclusive of NCD services, closer to community. Preventive aspect of NCDs is strengthened under Comprehensive Primary Health Care through Ayushman Bharat Health Wellness Centre scheme, by promotion of wellness activities and targeted communication at the community level. Till date 1,56,338 Health & Wellness Centres have been operationalized as on 30th January 2023.

Further initiatives for increasing public awareness about NCDs and for promotion of healthy lifestyle includes observation of National & International Health Days and use of print, electronic and social media for continued community awareness. Furthermore, healthy eating is also promoted through FSSAI. Fit India movement is implemented by Ministry of Youth Affairs and Sports, and various Yoga related activities are carried out by Ministry of AYUSH. In addition, NPCDCS gives financial support under NHM for awareness generation (IEC) activities for NCDs to be undertaken by the States/UTs as per their Programme Implementation Plans (PIPs).

(b): Several risk factors are associated with Non-Communicable Diseases, such as tobacco use, alcohol use, insufficient physical activity and unhealthy diet and air pollution. Food Safety and Standards Authority of India (FSSAI) sets up food standards which are Mandatory and every Food Business operator needs to comply with these standards.

(c): The state government of Kerala has observed rising food poisoning cases in the state of Kerala including some casualties. The health department had initiated many enforcement activities with the support of food safety authority jointly to monitor the quality of food served to these outlets.

FSSAI has extended financial support to the State Food and Drug Administration of Kerala to strengthen state food labs, to strengthen food testing ecosystem and 12 mobile food testing labs or Food Safety on Wheels (FSW) for ensuring food safety even in the remotest part of the state.

(d): There are 15 FSSAI notified Laboratories available in Kerala which serve the entire state for the testing of food samples. Details are attached in Annexure.

List of Food Testing Laboratories in Kerala notified by FSSAI

S.No	District	FSSAI Notified Laboratory List
1	Ernakulam	<p>Accurate Analytic (General Purpose Laboratory), Cochin Nikarthil Road, Thoppumpady, Cochin – 682005</p> <p>State Laboratory for Livestock, Marine & Agri Product (SLMAP), Ernakulam Maradu, Nettor P.O., Ernakulam, Kerala</p> <p>The Marine Products Export Development Authority, Quality Control Laboratory, 5th Floor, MPEDA House, Panampilly Nagar, Kochi, Kerala</p> <p>Export Inspection Agency, (Ministry of Commerce & Industry, Govt. of India) 27/1767A, Shipyard Quarters Road, Panampilly Nagar(South), Kochi- 682036, Kerala</p> <p>FQ Lab and Research Centre Private Limited, Cochin OS-30 & 31, IIrd Floor, GCDA Complex, Marine Drive, Ernakulam, Kochi, Kerala-6820310</p> <p>Interfield Laboratories, Kochi 13/1208 – A Interprint House, Karuvelipady, Kochi - 682005, Kerala</p> <p>Neogen Food & Animal Security (India) Pvt Ltd, Cochin Uchikkal Lane, Poonithura P.O. Cochin – 682038, Kerala</p> <p>Regional Analytical Laboratory, Ernakulam Kakkanad, Ernakulam - 682030, Kerala</p>
2	Thrissur	<p>Confederation for Ayurvedic Renaissance Keralam Ltd., Koratty KINFRA, Small Industries Park, Nalukettu Road, Koratty – 680 309, Thrissur, Kerala</p>
3	Pathanamthitta	<p>Food Quality Monitoring Laboratory (FQML), Kerala Council for Food Research & Development Office, Perinjottakkal P.O., Konni, Pathanamthitta Distt., Kerala- 689692</p>
4	Alappuzha	<p>Geo-Chem, Laboratories Pvt. Ltd., Aroor Aman Commercial Complex, Opp. Mercy School, Aroor- 688537.</p> <p>& SEA Lab, Aroor Seafood Park India Limited, XIII/99A, Keltron Road, Aroor, Alleppey District, Kerala-688534</p>
5	Kollam	<p>CEPCI Laboratory & Research Institute, Kollam Cashew Bhawan, Mundakkal, Kollam-691001</p>
6	Thiruvananthapuram	<p>Govt. Analyst's Laboratory, Thiruvananthapuram Red Cross Road, Vanchiyoore P.O., Thiruvananthapuram – 695035, Kerala</p>

7	Kozhikode	Regional Analytical Laboratory, Kozhikode Malaparamba, Kozhikode, Kerala – 670009
8	Palakkad	The above mentioned laboratories also cater the food testing in these districts
9	Kottayam	
10	Wayanad	
11	Idukki	
12	Malappuram	
13	Kannur	
14	Kasaragod	