

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 2778
TO BE ANSWERED ON 17TH MARCH, 2023**

NATIONAL TELE-MENTAL HEALTH MISSION

**2778. SHRI SANGAM LAL GUPTA:
DR. RAMAPATI RAM TRIPATHI:
SHRI BRIJBHUSHAN SHARAN SINGH:
SHRI P.P. CHAUDHARY:
SHRI PRATAP CHANDRA SARANGI:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the salient features and objectives of the National Tele-Mental Health Mission;
- (b) the details of Tele-Mental Health Centres established in the country, State-wise and district-wise particularly in Uttar Pradesh, Odisha and Rajasthan;
- (c) whether the Government plans to further expand the system of Tele-Mental Health Centres to remote parts of the country; and
- (d) if so, the details and status thereof and if not, the reasons therefor?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

- (a) The salient features of the National Tele Mental Health Programme are as follows:
 - (i) Provide basic support and counselling services;
 - (ii) Connect with a mental health professional for specialised mental health services;
 - (iii) Enable people to seek help when it is not possible for them to come physically to a hospital or a help centre;
 - (iv) Tele MANAS services range from telephonic counselling to facilitating referrals for operational care.

The objectives of the National Tele Mental Health Programme are as follows:

- (i) To exponentially scale up the reach of mental health services to anybody who reaches out, across India, any time, by setting up a 24x7 tele-mental health facility in each of the States and UTs of the country;
- (ii) To implement a fully-fledged mental health service network that, in addition to counselling, provides integrated medical and psychosocial interventions including video consultations with mental health specialists, e-prescriptions, follow-up services and linkages to in-person services;
- (iii) To extend services to vulnerable groups of the population and difficult to reach populations.

(b) to (d) Tele-MANAS has been rolled out all over the country. As on 13th March, 2023, 36 Tele MANAS Cells are functional in 25 States as per details provided at Annexure.

Annexure

Sl. No.	States	No. of sanctioned Tele Manas Cells	No. of functioning Tele MANAS Cells	Name of the functioning Tele MANAS Cells
1	Andhra Pradesh	2	1	A & N Islands institute of Medical Sciences (ANIIMS), Port Blair
2	Andaman & Nicobar Islands	1	1	Siddartha Medical College, Vijayawada
3	Arunachal Pradesh	1	-	-
4	Assam	1	1	State Head Quarters, NHM, Guwahati
5	Bihar	3	3	Jawaharlal Nehru Medical College and Hospital, Bhagalpur
				Bihar Institute of Mental Health and Allied Sciences, Bhojpur
				Indira Gandhi Institute of Medical Sciences, Patna
6	Chhattisgarh	1	1	District Hospital, Raipur
7	Chandigarh	1	1	Govt Medical College & Hospital (GMCH) Sector 32 in liason with GMCH Sector 16, Chandigarh
8	Daman & Diu, Dadra and Nagar Haveli	1	1	Shri Vinoba Bhawe Civil Hospital, IT Cell/108 building, Silvassa
9	Delhi	1	1	IHBAS, New Delhi
10	Gujarat	2	1	Hospital for Mental Health, Ahmedabad
11	Goa	1	-	-
12	Haryana	1	1	Civil Hospital, Sec-6, Panchkula
13	Himachal Pradesh	1	-	-
14	Jammu & Kashmir	1	1	IMHANS Kashmir, Srinagar
15	Jharkhand	1	1	CIP, Ranchi
16	Karnataka	2	2	DIMHANS, Dharwad
				NIMHANS, Bengaluru
17	Kerala	1	1	State Mental Health Programme office, Mental Health Center Campus, Peroorkada, Thiruvananthapuram
18	Ladakh	1	-	-
19	Lakshadweep	1	-	-
20	Madhya Pradesh	2	2	MGM Medical College, Indore
				Gwalior Mental Hospital, Gwalior
21	Manipur	1	1	Regional Institute of Medical Sciences, Imphal
22	Maharashtra	3	3	Regional Mental Hospital Thane
				Regional Mental Hospital Pune
				Geriatric Health and Mental Illness Center, Ambejogai District Hospital, Beed
23	Meghalaya	1	-	-

24	Mizoram	1	1	Directorate of Hospital & Medical Education, MINECO, Khatla, Aizwal
25	Nagaland	1	-	-
26	Odisha	2	2	District Mental Health Programme (DMHP) / De-Addiction Centre (DAC) Unit of MKCG MCH Campus, Ganjam, Berhampur
				Mental Health Institute (Centre of Excellence), SCB MCH, Cuttack
27	Puducherry	1	-	-
28	Punjab	1	-	-
29	Rajasthan	2	-	-
30	Sikkim	1	-	-
31	Tamil Nadu	2	1	104 Helpline, The Director of Medical & Rural Health Services, Chennai
32	Telangana	1	1	Institute of Mental Health, Hyderabad
33	Tripura	1	1	Modern Psychiatric Hospital, Narsingarh
34	Uttar Pradesh	4	4	Mental Hospital, Varanasi
				Mental Health Institute & Hospital, Agra
				BRD Medical College, Gorakhpur
				Mental Health Hospital, Bareilly
35	Uttarakhand	1	1	Mental Health Institute, Dehradun, Selaqui
36	West Bengal	2	2	Swasthya Bhawan Campus, Kolkata
				Institute Of Psychiatry, Kolkata
TOTAL		51 Cells	36 Cells	