

GOVERNMENT OF INDIA  
MINISTRY OF EDUCATION  
DEPARTMENT OF SCHOOL EDUCATION AND LITERACY  
**LOK SABHA**  
**STARRED QUESTION NO-50**  
ANSWERED ON – 06.02.2023

**PROGRESS OF PM POSHAN**

\*50. DR. AMOL RAMSING KOLHE:  
SHRIMATI SUPRIYA SULE:

Will the Minister of EDUCATION be pleased to state:

- (a) the current status of the progress of Pradhan Mantri Poshan Shakti Nirman (PM POSHAN) along with total fund used up by the scheme till now;
- (b) whether inclusion of eggs in the meal have been envisaged by the Government yet;
- (c) if so, the details thereof and if not, other alternative for eggs as a regular form of protein to children under POSHAN Scheme;
- (d) whether the Government has taken steps to provide at least one complete nutritious meal a day to poor children;
- (e) the States that have included eggs in mid-day meals for children and the number of days in a month these are being served;
- (f) the number of girl students particularly from SC/ST category benefitted by this scheme since its inception in all the States especially in Maharashtra and Andaman & Nicobar; and
- (g) the other steps taken by the Government to improve the nutrition standards of school children?

**ANSWER**

MINISTER OF EDUCATION  
(SHRI DHARMENDRA PRADHAN)

**(a) to (g): A statement is laid on the table of the House.**

**Statement referred to in reply to parts (a) to (g) of Lok Sabha Starred Question No. 50 for 06.02.2023 raised by Dr. Amol Ramsing Kolhe & Shrimati Supriya Sule, Hon'ble MPs regarding Progress of PM POSHAN.**

(a): Pradhan Mantri Poshan Shakti Nirman (PM POSHAN) is one of the foremost rights based Centrally Sponsored Schemes under the National Food Security Act, 2013 (NFSA). The Scheme covers about 12.21 crore children studying in Bal Vatika and Classes I-VIII in 10.84 lakh Government and Government-Aided schools. So far, Rs. 6789.06 crore has been released to States and UTs during 2022-23 for implementation of Scheme.

(b) to (e): As per the provisions of National Food Security Act (NFSA), 2013, children studying in classes I-VIII or within the age group of 6-14 years are entitled to one mid day meal free of charge, every day except on school holidays, in all Government and Government aided schools so as to meet nutritional standards specified in the Act. Accordingly, one hot cooked meal is provided to eligible children on all working school days under PM POSHAN Scheme. The following nutritional content is prescribed in the Scheme:

Components	Primary	Upper Primary
Calories	450 Cal	700 Cal
Protein	12 gms.	20 gms.

The above nutritional norms are met by providing the following food items to the children of primary and upper primary classes under the scheme:

S. No.	Items	Primary Stage	Upper Primary Stage
		Food norms (in gms)	Food norms (in gms)
1.	Foodgrains (Rice / Wheat/Coarse grains)	100	150
2.	Pulses	20	30
3.	Vegetables (Leafy & Others)	50	75
4.	Oil & Fat	5	7.5
5.	Salt & Condiments	As per need	As per need

PM POSHAN Scheme is a centrally sponsored scheme implemented in partnership with the States and UTs. The overall responsibilities for providing cooked and nutritious meal to the eligible children lies with the State Governments and Union Territory Administrations in accordance with the Guidelines laid down by the Central Government. The States and UTs

fix their menu according to their local needs, in order to meet the prescribed nutritional content. Some States and UTs provide eggs as additional item with their own resources. The details of these States/UTs are attached at Annexure.

(f): PM POSHAN Scheme is implemented across the country including Maharashtra and Andaman & Nicobar covering all the eligible children without any discrimination of gender and social class. The Scheme covers about 12.21 crore children studying in Bal Vatika and Classes I-VIII in 10.84 lakh Government and Government-Aided schools.

(g): In addition to providing one hot cooked meal under the Scheme, the following interventions are also being made to improve the nutrition standards of eligible children:

- Tithi Bhojan: The concept of Tithi Bhojan is being encouraged extensively. Tithi Bhojan is a community participation programme in which people provide special food to children on special occasions/festivals in addition to regular meals.
- School Nutrition Gardens: Efforts are being made to promote development of School Nutrition Gardens in schools to give children first hand experience with nature and gardening.
- Supplementary Nutrition: Appropriate provision is being made under flexibility component for supplementary nutrition in districts with identified high cases of malnutrition etc.
- Some States and UTs provide additional items such as milk, egg, fruits etc. to students from their own resources.

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## Annexure

Statement referred to in reply to parts (b) to (e) of Lok Sabha Starred Question No. 50 for 06.02.2023 raised by Dr. Amol Ramsing Kolhe & Shrimati Supriya Sule, Hon'ble MPs regarding Progress of PM POSHAN.

### Eggs as Additional items provided by the States/UTs

S No	State/UT	Name of Food Item	Frequency
1	Andhra Pradesh	Egg	5 days in a week
2	Bihar	Egg	Once in a week
3	Jharkhand	Egg/Seasonal Fruit	Twice in a week
4	Kerala	Boiled Egg/banana	Once in a week
5	Mizoram	Vegetable, Fruits, Eggs, Milk	Once in a week
6	Orissa	Egg	Twice in a week
7	Tamil Nadu	Egg/ Banana	Daily
8	Telangana	Egg	Thrice in a week
9	Uttarakhand	EGG/Fruits/Milk/gudpapdi/ramdanakeladu	Once in a week
10	West Bengal	Egg, Cheese, Mushroom	Once in a week
11	A&N Islands	Boiled Egg	Thrice in a week
12	Ladakh	EGG/Fruits/Milk/gudpapdi/ramdanakeladu	Once in a week
13	Lakshadweep	Egg, Fish, Chicken, Apple, Mango, Banana, Orange, Water melon	Twice in a week
14	Puducherry	Egg	Twice in a week