

GOVERNMENT OF INDIA
MINISTRY OF WOMEN & CHILD DEVELOPMENT

LOK SABHA
UNSTARRED QUESTION NO. 580
TO BE ANSWERED ON 09.12.2022

TAKE HOME RATION SCHEME

580. SHRIMATI RATHVA GITABEN VAJESINGBHAI:

Will the Minister of WOMEN AND CHILD DEVELOPMENT be pleased to state:

- (a) whether the Government proposes to include coarse grains as nutritional component in Take Home Ration(THR) scheme;
- (b) if so, the details thereof; and
- (c) the method adopted to ascertain the composition of minor nutritional component of food provided under Take Home Ration(THR) scheme?

ANSWER

MINISTER OF WOMEN AND CHILD DEVELOPMENT
(SHRIMATI SMRITI ZUBIN IRANI)

(a) & (c): Government is already allocating Coarse grains/ Millets to States/UTs at a subsidized price under the Wheat Based Nutrition Programme (WBNP) of Anganwadi Services. Under WBNP, emphasis is being given on the supply of millets for preparation of Take Home rations and Hot Cooked Meal at Anganwadis for Pregnant Women & Lactating mothers and children below 6 years of age, keeping in view the high nutrient content of millets. Under Saksham Anganwadi & Poshan 2.0 guidelines, millets need to be supplied at least once a week and suitably integrated in Take Home Ration and Hot Cooked Meal in a palatable form.

As per guidelines issued by the Ministry Take Home Ration is not 'Raw Ration'. Take Home Ration under Supplementary Nutrition should be made using locally available staple cereals and millets, pulses and legumes, nuts and oil seeds, ensuring that refined sugar does not exceed permissible limits. Take Home Ration should be tested in Food Safety and Standards Authority of India approved laboratories to ensure that the norms of macro and micro nutrients recommended or bench-marked for the different categories of beneficiaries under the Supplementary Nutrition Programme are maintained.
