

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO. 552  
TO BE ANSWERED ON 9<sup>TH</sup> DECEMBER, 2022**

**ISSUES RELATED TO MENTAL HEALTH**

**552. SHRI ANUBHAV MOHANTY:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government is aware that as per the recent study conducted by the National Institute of Mental Health and Neurosciences (NIMHANS), 80 percent of people in India do not have access to treatment of mental health issues;
- (b) if so, the details thereof and the steps taken by the Government to address the issue; and
- (c) the details of steps taken by the Government to develop proper infrastructure, including increasing the number of beds available, availability of adequate psychiatrists and psychologists, to deal with the large number of mental health cases in the country?

**ANSWER**

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(DR. BHARATI PRAVIN PAWAR)**

- (a) The Government conducted the National Mental Health Survey (NMHS) of India through the National Institute of Mental Health and Neurosciences (NIMHANS), Bengaluru in 2016 as per which the prevalence of mental disorders in adults over the age of 18 years is about 10.6%. The treatment gap for mental disorders ranged between 70% to 92% for different disorders.
- (b) & (c) For providing affordable and accessible mental healthcare facilities in the country, the Government is implementing the National Mental Health Programme (NMHP) in the country. The District Mental Health Programme (DMHP) component of the NMHP has been sanctioned for implementation in 704 districts for which support is provided to States/UTs through the National Health Mission. Facilities made available under DMHP at the Community Health Centre(CHC) and Primary Health Centre(PHC)

levels, include outpatient services, assessment, counselling/ psycho-social interventions, continuing care and support to persons with severe mental disorders, drugs, outreach services, ambulance services etc. In addition to above services there is a provision of 10 bedded in-patient facility at the District level. Under the Tertiary care component of NMHP, 25 Centres of Excellence have been sanctioned to increase the intake of students in PG departments in mental health specialities as well as to provide tertiary level treatment facilities. Further, the Government has also supported 19 Government medical colleges/institutions to strengthen 47 PG Departments in mental health specialties. Mental Health Services are also provision in 22 AIIMS. These services are also available under PMJAY.

Besides the above, the Government has launched a “National Tele Mental Health Programme” on 10<sup>th</sup> October, 2022, to further improve access to quality mental health counselling and care services in the country.

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