

**GOVERNMENT OF INDIA
MINISTRY OF AYUSH**

**LOK SABHA
UNSTARRED QUESTION NO-498
TO BE ANSWERED ON 09.12.2022**

PROMOTION OF YOGA

**498. SHRI HEMANT TUKARAM GODSE:
SHRI DEVENDRA SINGH BHOLE:
MS. LOCKET CHATTERJEE:
SHRIMATI GEETA KORA:
SHRI JUGAL KISHORE SHARMA:
SHRI RAM KRIPAL YADAV:
DR. AMAR SINGH:
SHRI SUNIL KUMAR PINTU:
SHRIMATI NAVNEET RAVI RANA:
SHRI SANJAY KAKA PATIL:
SHRI RAMESH CHANDER KAUSHIK:
SHRI DILESHWAR KAMAIT:
SHRI AJAY KUMAR MANDAL:
SHRIMATI RITI PATHAK:
SHRIMATI RAMA DEVI:**

Will the Minister of **AYUSH** be pleased to state:

- a. the details of the new Yoga Training Kendra established in the country, State/UT-wise and districtwise during the last five years;
- b. whether the Government proposes to increase the number of Yoga Trainers and strengthen the related infrastructure for promotion of yoga and if so, the details thereof;
- c. whether the Government proposes to set up new Yoga Kendra along with provision of Yoga Trainers and infrastructure for the same in the country and if so, the details thereof, State/UT-wise including in Maharashtra and Gujarat;
- d. whether the Government proposes to set up Open Gyms equipped with necessary facilities alongwith provision of Yoga Trainers/Exercise Instructor in villages for the rural people and if so, the details thereof;

- e. whether the Government proposes to help the children with Attention Deficit Hyperactivity Disorder (ADHD) by improving the core symptoms such as inattentiveness, hyperactivity and impulsivity through Yoga and if so, the details of initiatives taken thereof; and
- f. the number of Yoga Training Kendra established in Amravati Constituency along with the details of the funds allocated/utilized?

ANSWER

THE MINISTER OF AYUSH

(SHRI SARBANANDA SONOWAL)

(a) to (c): Since public health is a state subject, setting up of new Yoga Training Kendras comes under the purview of State/ UT Governments.

Ministry of Ayush promotes Yoga in the country through its three autonomous bodies namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi, Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi and National Institute of Naturopathy (NIN), Pune. MDNIY provides various courses for Yoga Education. CCRYN is the apex body for research and development in the Yoga and Naturopathy systems. NIN, a premier institute for Naturopathy organizes various activities related to Naturopathy and Yoga.

The activities and programs of MDNIY, CCRYN and NIN are available on the websites i.e. yogamdniy.nic.in, www.ccryn.gov.in and ninpune.ayush.gov.in respectively. Also, Ministry of Ayush has established a Yoga Certification Board (YCB) for certification of Yoga professionals and accreditation of Institutions under various categories.

At the initiative of Hon'ble Prime Minister Shri Narendra Modi, the United Nations General Assembly took a historic decision in 2014 to declare 21st June as the International Day of Yoga. The Ministry of Ayush is the nodal Ministry for observation of the International Day of Yoga (IDY) every year. IDY observation is focused on a Mass Yoga demonstration based on Common Yoga Protocol (CYP) which is publicly available on the Yoga Portal (yoga.ayush.gov.in).

Also, Ministry is implementing the Centrally Sponsored Scheme of National Ayush Mission (NAM) through State/UT Governments for development & promotion of different Ayush

systems in the country including Yoga and providing financial assistance to them as per the proposals received in their State Annual Action Plans (SAAPs). State/UT Governments may avail financial assistance by submitting proposals through State Annual Action Plans (SAAPs) as per NAM guidelines.

Under National Ayush Mission (NAM), Ministry of Ayush is implementing the operationalization of 12,500 Ayush Health and Wellness Centers (HWCs) through State/UT Governments. At these Ayush HWCs, Yoga will be taught to the public for general health promotion as community-based intervention by qualified Yoga Instructors.

(d) and (e) : There are no such proposals with the Ministry.

(f): Establishment of Yoga Training Kendras comes under the purview of State Government.
