

GOVERNMENT OF INDIA  
MINISTRY OF EDUCATION  
DEPARTMENT OF HIGHER EDUCATION  
**LOK SABHA**  
**UNSTARRED QUESTION No- 2061**  
ANSWERED ON- 19/12/2022

**YOGA EDUCATION**

†2061. SHRIMATI JYOTSNA CHARANDAS MAHANT:

Will the Minister of EDUCATION be pleased to state:

- (a) whether the yoga education has been recognized by the University Grants Commission (UGC) as an undergraduate and postgraduate course;
- (b) if so, whether the yoga education has been started as a subject; and
- (c) if so, the details thereof indicating the Universities that have started conducting related courses by including Yoga as a subject, State-wise including Chhattisgarh?

**ANSWER**

MINISTER OF STATE IN THE MINISTRY OF EDUCATION  
(SMT. ANNPURNA DEVI)

(a) & (b): The University Grants Commission (UGC) has informed that it has recognized the studies in Yoga at Graduation and Post Graduation levels. The UGC has also introduced Yoga as a new National Eligibility Test (NET) subject from January, 2017 UGC-NET onwards.

(c): State-wise details of Universities conducting yoga related courses are at [https://www.ugc.ac.in/pdfnews/2707844\\_LSPQ-NO-2061-Annexure-I-Revised.pdf](https://www.ugc.ac.in/pdfnews/2707844_LSPQ-NO-2061-Annexure-I-Revised.pdf).

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