

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 1792
TO BE ANSWERED ON 16th DECEMBER, 2022**

HEART & BRAIN DISEASES

1792. DR. SANGHMITRA MAURYA:

Will the **Minister of HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government is aware of the predisposition of heart and brain disease cases occurring continuously in the youth;
- (b) if so, whether the Government has made any efforts to know the reasons for such problem; and
- (c) if so, the details thereof?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

(a) to (c): As per NFHS 5 report, the prevalence of heart disease in the adolescent age (15-19 years) is as follows:

Condition	Adolescent Boys (15-19 yrs)	Adolescent Girls (15-19 yrs)
Heart Disease	0.3%	0.3%

There are several risk factors associated with Non-Communicable Diseases, such as tobacco use, alcohol use, insufficient physical activity and unhealthy diet. As per National NCD Monitoring Survey (2017-18), the details of prevalence of risk factors associated with NCDs among adolescents among 15-17 years are provided below:

Risk factor	Prevalence
Current daily tobacco use	3.1 %
Current alcohol use	1.3 %
Insufficient physical activity	25.2 %
Overweight (including obesity)	6.2 %
Obesity	1.8%