

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 1758
TO BE ANSWERED ON 16TH DECEMBER, 2022**

NATIONAL TELE MENTAL HEALTH PROGRAMME

**1758. SHRI PRADEEP KUMAR SINGH:
SHRI SATYADEV PACHAURI:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) the salient features of the National Tele Mental Health Programme (NTMHP);
- (b) whether the Government proposes to set up Tele Mental Health Centres in the country and if so, the details thereof, State/UT-wise including district-wise in Uttar Pradesh and Bihar;
- (c) whether the Government proposes to provide NTMHP services in remote areas of the country; and
- (d) if so, the steps being taken in this regard?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(DR. BHARATI PRAVIN PAWAR)**

(a) to (d): The National Tele Mental Health Programme of India, Tele Mental Health Assistance and Networking Across States (Tele MANAS) envisions to work as a comprehensive, integrated and inclusive tele-mental health facility in each State and UT in India.

The aim of Tele MANAS is to provide universal access to equitable, accessible, affordable and quality mental health care through tele-mental health counselling services as a digital component of the National Mental Health Programme (NMHP) across all Indian States and UTs with assured linkages.

Tele MANAS is organized as a two-tier system. Tier-1 comprises the State Tele MANAS cells, which includes trained counsellors and mental health specialists. Tier 2 comprises specialists at District Mental Health Programme (DMHP), Medical College resources for physical consultation and/or e-Sanjeevani for audio visual consultation. The Tele MANAS cells operate as functional unit of Tele MANAS at the State/UT level. A total of 51 State/UT Tele MANAS cells are sanctioned based on population of the State/UT, following a norm of 1 state cell for every 5-crore population. These cells have been demarcated into two categories based on the population of the state. Category 1 includes larger Tele MANAS cells established for States/UTs with population \geq 20 Lakh; and Category 2 encompasses smaller Tele MANAS cells in states with a population $<$ 20 lakh. The details of State Tele MANAS Cells sanctioned is at Annexure-I. As on 14th December, 2022, 36 Tele MANAS Cells are functional in 24 States/UTs.

Any individual from any part of the country can avail the Tele Mental Health Services by dialing the toll-free number 14416 & 1-800-891-4416 and are connected to the Tele MANAS Cell of their own state. They can communicate their mental health related issues in their own language to the Tele MANAS counsellor and receive counselling for the same. If required, the person in distress can be referred to the Mental Health Professional in the State Tele MANAS Cell/ nearby District Mental Health facility, where they can have access to affordable mental health care services.

Annexure-I

Sl. No.	States	No. of sanctioned Tele Manas Cells
1	Andhra Pradesh	2
2	Andaman & Nicobar Islands	1*
3	Arunachal Pradesh	1*
4	Assam	1
5	Bihar	3
6	Chhattisgarh	1
7	Chandigarh	1*
8	Daman & Diu, Dadra and N Haveli	1*
9	Delhi	1
10	Gujarat	2
11	Goa	1*
12	Haryana	1
13	Himachal Pradesh	1
14	J & K	1
15	Jharkhand	1
16	Karnataka	2
17	Kerala	1
18	Ladakh	1*
19	Lakshadweep	1*
20	Madhya Pradesh	2
21	Manipur	1
22	Maharashtra	3
23	Meghalaya	1
24	Mizoram	1*
25	Nagaland	1
26	Odisha	2
27	Puducherry	1*
28	Punjab	1
29	Rajasthan	2
30	Sikkim	1*
31	Tamil Nadu	2
32	Telangana	1
33	Tripura	1
34	Uttar Pradesh	4
35	Uttarakhand	1
36	West Bengal	2
TOTAL		51 Cells

*Ten states/ UTs with population less than 20 lakh will have a smaller cell comprising of appropriate strength of Consultants, Counselors, DEOs and Attendants.