# GOVERNMENT OF INDIA MINISTRY OF CULTURE LOK SABHA UNSTARRED QUESTION NO. 4687 TO BE ANSWERED ON 22<sup>ND</sup> JULY, 2019

### **PROMOTION OF INDIAN FOOD CULTURE**

### 4687. SHRIUNMESH BHAYYASAHEB PATIL: DR. SUJAY RADHAKRISHNA VIKHE PATIL:

Will the Minister of CULTURE be pleased to state:

- (a) whether the Government is aware that our country has a rich and most unique culinary heritage in the world;
- (b) if so, the details thereof;
- (c) whether Indian food aims to balance various requirements of health of a person according to the season in the country and if so, the details thereof ; and
- (d) the steps taken / being taken by the Government to promote Indian food culture to keep away the diseases of the modern day world?

#### ANSWER

## MINISTER OF STATE (INDEPENDENT CHARGE) FOR CULTURE AND TOURISM (SHRI PRAHLAD SINGH PATEL)

(a) to (b) Government is aware that India has a rich culinary heritage. Most of our traditional food has evolved over centuries.

Indian cuisine encompasses a wide variety of regional cuisines native to India. Given the range of diversity in soil type, climate, culture, ethnic group and occupations, these cuisines vary significantly from each other and use locally available spices, herbs, vegetables and fruits. Almost all states have their unique recipes.

- (c) Traditional foods are often based on a holistic approach to nutrition, as required by local people. Such food is prepared with locally available ingredients and found to have its own therapeutic and nutritional benefits.
- (d) Government has undertaken following steps to promote Indian food culture:
  - i. State Governments and other stakeholders are encouraged to hold food stalls in tourism related activities like Bharat Parv and ParyatanParv etc.
  - ii. Financial support is given to private organizers for holding street food stalls facilitating tourists.
  - iii. To promote local and regional food, government has created guidelines for organizing safe and hygienic food festivals.
  - iv. Guidelines for declaration of clean street food hub have been framed includingupgrading of infrastructure of existing food streets of the country to popularize and promote local and regional cuisines.
  - v. Launch of book focusing on regional cuisine of India.

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