

GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF HIGHER EDUCATION

LOK SABHA
UNSTARRED QUESTION NO. 4624
TO BE ANSWERED ON 22.07.2019

Stress among Students

4624. SHRIMATI KIRRON KHER:

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state :

- (a) the action taken by the Government in consultation with State Governments to frame proper guidelines to reduce stress among students arising out of stiff competition in employment, rising expectation of parents and commercialization of education field; and
- (b) if so, the details thereof and the reaction of the Government thereto?

ANSWER

**MINISTER OF HUMAN RESOURCE DEVELOPMENT
(SHRI RAMESH POKHRIYAL 'NISHANK')**

- (a) & (b)** There is a serious academic competition. Students have a difficult time with the demands of classes, grades, choice of subjects and parental pressure. Accordingly University Grants Commission (UGC) notified Guidelines on "Safety of Students on and off Campuses of Higher Education Institutions" dated 06.04.2015. These Guidelines are also uploaded on UGC website (www.ugc.ac.in). Further in January 2016 UGC asked all Universities to set up a student counseling system to deal with the problems which students might face. Indian Institute of Technology (IITs) have been taking various steps as peer assisted learning, special languages classes for weak students in order to ease the academic stress. In addition, IITs conduct workshops/ seminars on happiness and wellness, regular sessions on Yoga, induction programs, extracurricular activities including sports and cultural activities and appointment of Student Counselors for overall personality development and de-stressing students.

Since ragging also affects the mental well being of students, in 2009, UGC regulation on curbing the menace of ragging in Higher Educational Institutions was made. These regulations have been further amended in 2016 by enlarging the definition of ragging. These regulations are to be followed by all higher educational institutions. The Ministry allocates Rs 5 crore every year to the UGC for undertaking publicity campaigns against ragging in Higher Educational Institutions in the country. An Anti-Ragging toll free 'helpline' 1800-180-5522 in 12 languages has been made operational by the UGC with call centre facilities for helping victims of ragging, besides facilitating effective coordinated action by all concerned.

In order to make education more relevant and to create skilled workforce for employment, University Grants Commission (UGC) has implemented three schemes i.e. Community College, B.Voc and Deen Dayal Upadhyay Kaushal Kendra under National Skill Qualification Framework. These schemes facilitate close interaction between the institutions offering skill-based courses and the service industry. In addition, All India Council of Technical Education implements Pradhan Mantri Kaushal Vikas Yojna for technical institution (PMKVY-TI) to train youth in professional skills through approved technical institutions.

Bachelor of Vocation (B.Voc.) studies programme introduced in 162 institutions of higher learning in 80 trades with intake of 17600 students. Deen Dayal Upadhyaya Kaushal Kendras have been approved by the UGC in 64 universities and colleges. These centres function as the apex centres for skill development in Universities and colleges. The Community Colleges offer credit based courses which allows multi-point entry and exit for skill up-gradation or employment market, banking on credits and allows re-entry into the higher education.. Under the scheme through University Grants Commission (UGC) and All India Council of Technical Education (AICTE) put together, a total of 273 institutions (mainly polytechnics) are offering skill courses in about 83 trades. The courses are aligned as per NSQF from 3 to 5. UGC has enrolled 12440 students so far, of whom 9330 students have been placed successfully.
