

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,  
UNANI, SIDDHA AND HOMOEOPATHY  
(AYUSH)**

**LOK SABHA  
UNSTARRED QUESTION NO. 4400  
TO BE ANSWERED ON 19<sup>TH</sup> JULY, 2019**

**TEACHING OF YOGA**

**4400. SHRIMATI JYOTSNA CHARANDAS MAHANT:**

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) whether the Government proposes to impart the teaching of yoga at affordable rates;
- (b) if so, the details thereof and the steps taken by the Government in this regard;
- (c) whether certain Institutions like Siri Fort Sports Complex (SFSC) under the Delhi Development Authority (DDA) are charging exorbitant fees per month from yoga students;
- (d) if so, the details thereof and the reasons therefor; and
- (e) the steps taken by the Government to ensure that not more than Rs. 500/- p.m. is charged by the organisation in SFSC?

**ANSWER**

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,  
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY  
(SHRI SHRIPAD YESSO NAIK)**

(a) & (b): Ministry of AYUSH through its autonomous Institute namely Morarji Desai National Institute of Yoga (MDNIY), New Delhi provides various courses of Yoga at affordable rates. The details are at Annexure. The Ministry, however, does not make any intervention in the market rates of Yoga teaching.

(c) Coaching charges (per month) for Yoga at Siri Fort Complex under Delhi Development Authority (DDA), New Delhi, by different agencies are as follows:

- i. Delhi Yoga Sabha: Rs. 500/- + GST
- ii. Outdoor Yoga by Sh. Ashok: Rs 1000/- + GST
- iii. Vedic Ashtanga Yoga by Sh. Ashok: Rs 1500/- + GST

As reported by Delhi Development Authority (DDA), New Delhi, these rates of fees are reasonable.

(Non –members can avail the above coaching on payment of 25% additional coaching fees).

(d): Does not arise in view of the above.

(e): The SFSC is run by DDA and Ministry of AYUSH does not have administrative control of the same. However the rates mentioned at (c) above are reasonable.

**Annexure**

. No.	Name of Course	Venue	Duration	Fees
1.	Individual Special Yoga Therapy sessions	MDNIY	45 minutes	Rs. 100/- per session
2.	Weekend Yoga Training Programming	MDNIY	Only on Saturdays	Rs. 50/- per month
3.	Health Promotion Programme	MDNIY	1 month	Rs. 600/- per month
4.	Yoga Therapy for Diabetes/ Obesity/ Metabolic Disorder	MDNIY	1 month	Rs. 750/- per month
5.	Yoga Workshop for Children	MDNIY	1 month	Rs. 500/- per month
6.	Foundation Course in Yoga Science for Wellness	MDNIY	1 month	Rs. 2,250/-
7.	Foundation Course in Yoga Science for Wellness	Dr. Shyama Prasad Mukherjee Swimming Pool Complex, New Delhi	1 month	Rs. 2,250/-
8.	Health Promotion Programme	Major Dhyam Chand National Stadium, India Gate, New Delhi	1 month	Rs. 600/-
9.	Health Promotion Programme	Indira Gandhi Stadium Complex, IP Estate, New Delhi	1 month	Rs. 600/-
10.	Certificate Course in Yoga for Protocol Instructor	Jawahar Lal Nehru Stadium, Lodhi Road, New Delhi	3 months	Rs. 7,000/-
11.	Certificate Course in Yoga for Protocol Instructor	Amity Centre for Yoga Education Therapy & Research	3 months	Rs. 7,000/-
12.	Advance Yoga Sadhana	MDNIY	3 months	Rs. 6,000/-
13.	Certificate Course in Yoga for Protocol Instructor	MDNIY	3 months	Rs. 7,000/-
14.	Certificate Course in Yoga for Wellness Instructor	MDNIY	6 months	Rs. 13,000/-
15.	Diploma in Yoga Science (DYSc.) for graduates	MDNIY	1 year	Rs. 12,500/- per semester+ 250 as caution money
16.	B. Sc. (Yoga)	MDNIY	3 years	Rs. 22,000/- per annum + 5,000 as refundable caution money