

GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF HIGHER EDUCATION

LOK SABHA
UNSTARRED QUESTION No. 1159
TO BE ANSWERED ON 11.02.2019

Yoga Education

1159. SHRI RAJENDRA AGRAWAL:

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) whether the Government proposes to constitute any expert committee for the standardisation of yoga education and if so, the details thereof;
- (b) the time by which the said panel/ Committee is likely to submit its report;
- (c) whether the University Grants Commission (UGC) has recognised yoga in the form of a curriculum at graduate and post-graduate level and if so, the details thereof; and
- (d) whether all universities/colleges run full or part-time courses for preparing yoga instructors?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(DR. SATYA PAL SINGH)

(a) to (d): The Ministry of Human Resource Development had constituted a Committee under the chairpersonship of Prof. H.R. Nagendra on 15th January, 2016 for making recommendations on Yoga Education in Universities. The Committee had submitted its report in April, 2016 and prescribed curriculum for Yoga courses in its recommendations. As a follow up to the recommendations of the Committee, the Ministry asked the University Grants Commission (UGC) to promote five Yoga courses in Universities and Colleges. Course and Course Code-wise duration of Yoga courses are as follows:

S.No.	Course	Course Code	Duration
1.	Bachelors of Science (Yoga)	B.Sc.(Yoga)	3 year to 6 year
2.	Masters of Science (Yoga)	M.Sc. (Yoga)	2 year to 4 year
3.	Doctor of Philosophy (Yoga)	PhD (Yoga)	As per the PhD duration specified by UGC
4.	Post Graduate Diploma in Yoga	PGDY	1 year to 2 year
5.	Post Graduate Diploma in Yoga Therapy	PGDYT	1 year to 2 year

Further, with a view to promote Yoga in Universities, UGC has informed that it has sanctioned full-fledged Yoga Departments and courses in 98 Universities.
