

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO.800
TO BE ANSWERED ON 14TH DECEMBER, 2018**

THE COST OF MODERN MEDICINE

800. SHRI PRALHAD JOSHI:

Will the Minister of **AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) whether the cost of modern medicine and related hospital expenses are on the rise, propelling the need to develop and alternate healthcare system;
- (b) if so, the details thereof;
- (c) whether the Government is planning to introduce Yoga for disease Management in public healthcare system; and
- (d) if so, the steps taken by the Government to promote Yoga and increase its acceptability as an alternate healthcare system in modern day?

**ANSWER
THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

(a) & (b): Ministry of AYUSH has not conducted any study to assess cost of Modern medicine and related Hospital expenses.

However, the National Health Policy, 2017 acknowledges the potential of AYUSH for effective prevention and therapy, that is safe and cost effective.

Further pluralism is one of the key policy principles under the document which envisages that patients who so chose and when appropriate would have access to AYUSH care provider based on documented and validated local, home and community based practices.

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(c) & (d): The steps taken by the Government to promote Yoga and increase its acceptability including disease management in public healthcare system in modern day are as below:

(i) Central Council for Research in Yoga & Naturopathy (CCRYN), an autonomous organization under Ministry of AYUSH has completed 9 projects on health conditions related to Diabetes, Post Stroke rehabilitation, obesity, pregnancy, child health, back pain etc.. Further, a multi-centric trial on Yoga and Diabetes was conducted under which 2,40,975 persons were screened from 60 districts from 28 states.

(ii) A Central Research Institute (CRI) providing health care services under Yoga and Naturopathy system is functioning at Rohini, Delhi. In addition, 1st phase construction of two more CRIs for yoga and naturopathy at Nagmangala in Karnataka and Jhajjar in Haryana has been completed.

(iii) The Co-location of AYUSH facilities including Yoga & Naturopathy at Primary Health Centres (PHCs), Community Health Centres (CHCs) & Districts Hospitals (DHs) and upgradation of exclusive AYUSH Hospitals including Yoga and Naturopathy facilities are included in the AYUSH Services component of National AYUSH Mission (NAM). Further, under flexible components of NAM, a provision has also been kept for AYUSH Wellness Centres including Yoga.

(iv) Morarji Desai National Institute of Yoga, an autonomous organization under Ministry of AYUSH had established 5 Advanced Centres for Yoga Research in premier Medical Institutes where 5 monographs, 23 Research papers, 9 abstracts have been prepared in addition to organizing 46 Seminars/Workshops. More than 50,000 patients have been provided Yoga therapy every year in these centers during 12th Five year plan. The Institute has also completed one Clinical Research Project on Techno-Stress and another one on Philosophico-Literary Research Project.

(v) National Council for Educational Research and Training (NCERT) has already developed integrated syllabi on Health Physical Education and Yoga for Class I to Class X. The content of Yoga has been included in the curriculum from Class VI onward. A separate syllabus on Yoga from Upper Primary to Secondary Stage has been developed.

(vi) Ministry of AYUSH also promotes Yoga by carrying out campaigns through print and electronic media. AROGYA fairs at National and State level are organized to make public aware of the benefits of AYUSH systems of medicine including Yoga.

(vii) The Ministry under its Central Sector Schemes of Information Education and Communication (IEC) and International Co-operation extends financial assistance to State Governments and other reputed Government/ Non-Governmental Organizations / Universities for conducting National/ International seminars/ workshops/ symposiums to promote Yoga.

(viii) The Ministry of AYUSH also initiated a Scheme for Voluntary Certification of Yoga Professionals.

(ix) The initiative of the Government has succeeded in adoption of 21st June, as the International Day of Yoga. Ministry of AYUSH has successfully celebrated the day for the last four years successfully in which thousands of people participated every year.

(x) Under Central Sector Scheme of International Cooperation (IC), the Ministry of AYUSH undertakes measures for global promotion and popularization of AYUSH systems of Medicine including Yoga.

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