### GOVERNMENT OF INDIA MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)

# LOK SABHA UNSTARRED QUESTION NO.724 TO BE ANSWERED ON 14<sup>TH</sup> DECEMBER, 2018

#### NATIONAL NUTRITION MISSION

#### 724. SHRI GAURAV GOGOI:

Will the Minister of AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH) be pleased to state:

- (a) the progress made by the Government to create region-specific meal plans using locally available ingredients and medicinal plants as a part of the National Nutrition Mission in collaboration with the AYUSH Ministry, if so, the details thereof; and
- (b) whether the Government has begun the process of dissemination of knowledge about these locally available foods through community health workers, if so, the details thereof?

#### **ANSWER**

## THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (SHRI SHRIPAD YESSO NAIK)

(a) & (b): The dietary usage of many medicinal plants for the prevention of malnutrition and promotion of health as described in Ayurvedic literature is being advised to the patients who visits Ayurveda hospitals and dispensaries. Further, State/UT Governments, National institutes, Research organizations under Ministry of AYUSH has actively participated in the Poshan Maah (National Nutrition Month) celebration in the month of September 2018 as per the suggestion of the Ministry of Women and Child Development, Government of India and focused to create awareness about the importance of nutrition through AYUSH systems.