GOVERNMENT OF INDIA MINISTRY OF HEALTH AND FAMILY WELFARE DEPARTMENT OF HEALTH RESEARCH

LOK SABHA UNSTARRED QUESTION NO. 2849 TO BE ANSWERED ON 28TH DECEMBER, 2018

POLYCYSTIC OVARY SYNDROME IN WOMEN

2849. SHRIMATI RANJANBEN BHATT:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether a large number of women in the country are suffering from polycystic syndrome and if so, the details thereof;
- (b) whether the Government is considering to take any steps to control this;
- (c) if so, the details thereof and the time by which the said steps are likely to be taken; and
- (d) if not, the reasons therefor?

ANSWER THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (SMT. ANUPRIYA PATEL)

- (a): Yes. As per studies carried out in India, prevalence of Polycystic Syndrome (PCOS) ranges from 3.7% to 28%, varying in the age group of 12-40 years.
- (b) to (d): Indian Council of Medical Research's National Institute for Research in Reproductive Health (NIRRH), Mumbai runs a holistic PCOS management station, to address various dimensions of the disease. This Multi-disciplinary Clinic was inaugurated on 30th April 2016, for generating evidence of the magnitude of the problem, identify the key patho-physiological causes including genetic predisposition and developing models of holistic management, for further upscaling.

Abhiyan PCOS is a consortium of academic institutes in Mumbai, working for the cause of PCOS, to jointly indentify and address the knowledge gaps.

Obesity and diabetes are two known associates of Polycystic Ovary Syndrome. Government of India has launched National Programme for Prevention and Control of Cancer, Diabetes, Cardiovascular Diseases and Stroke (NPCDCS) since 2010 which is implemented for interventions up to District level under the National Health Mission. NPCDCS has a focus on awareness generation for behaviour and life-style changes, screening and early diagnosis of persons with high level of risk factors including obesity and diabetes, their referral to higher facilities for appropriate management of non-communicable diseases. Population Level Screening of non-communicable diseases was initiated in 2017. So far, 215 districts have implemented screening and till 1st October, 2018, 96.6 lakh people were screened for common NCDs.