

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 3918
TO BE ANSWERED ON 10TH AUGUST, 2018**

INFORMATION ON CALORIE COUNTS ON RESTAURANT MENUS

3918. SHRI JAYADEV GALLA:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is true that there is no information on calorie counts on the menus served in restaurants in the country and if so, the details thereof;
- (b) whether the Government proposes to ensure that calorie count is printed on menu as is done in the various other western countries to promote healthy eating habits; and
- (c) if so, the details thereof and if not, the reasons therefor?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI ASHWINI KUMAR CHOUBEY)**

(a): Presently, it is restaurant's choice to provide information about calorie count on the menus. Such information is currently available only in a limited number of restaurants.

(b) & (c): Food Safety and Standards Authority of India (FSSAI) has prepared a guidance document on menu labelling in Food Service Establishments. This will guide food businesses to provide calorific count of food in the menus and display boards. It has also been provided that restaurants should prepare a booklet on nutritive value of various food products being prepared to help consumers in making informed choices.

Further, FSSAI on 17.07.2018 has issued a notice calling for suggestions, views etc., from the stakeholders on a proposal to amend Food Safety and Standards (Packaging and Labelling) Regulations to provide for certain provisions relating to display of information in food service establishments, including display of calorific value of each food item sold by certain categories of food service establishments.

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