

**GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF SCHOOL EDUCATION & LITERACY**

LOK SABHA

**UNSTARRED QUESTION NO.3096
TO BE ANSWERED ON 6th August, 2018**

Yoga in Schools

3096. SHRI HARI OM PANDAY:

SHRI MANOJ TIWARI:

SHRI SANTOSH KUMAR:

Will the Minister of **HUMAN RESOURCE DEVELOPMENT** be pleased to state:

- (a) whether the Government has any proposal to introduce Yoga as a subject in all CBSE schools across the country, in near future, specially in UP;
- (b) if so, the details thereof;
- (c) if not, the reasons therefor; and
- (d) the details of professional Yoga courses approved by the Government so far?

ANSWER

**MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT
(SHRI UPENDRA KUSHWAHA)**

(a) to (c) : As per the National Curriculum Framework (NCF) 2005, Yoga is an integral part of Health and Physical Education at all level of school education. For schools affiliated to Central Board of Secondary Education (CBSE), which has adopted National Council of Educational Research and Training (NCERT) curriculum and syllabi, Health and Physical Education is compulsory subject for Classes I to X and optional subject at classes XI and XII.

(d) : Ministry of Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homoeopathy (AYUSH) has informed that there is no Central regulatory body to recognize/approve professional Yoga courses.
