

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO.1654
TO BE ANSWERED ON 27TH JULY, 2018**

SHORT TERM CERTIFICATE COURSES

1654. SHRI RATTAN LAL KATARIA:

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

- (a) whether the Government has any proposal to launch short term certificate courses for Yoga teachers/trainers in the country;
- (b) if so, the details thereof and if not, the reasons therefor; and
- (c) the manner in which the benefits of Yoga will be spread throughout the world?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

(a) &(b): Morarji Desai National Institute of Yoga (MDNIY), under Ministry of AYUSH is at present conducting short term Yoga Certificate Course e.g. Certificate Course in Yoga Science for Wellness for Target Groups.

It is a 4 months full-time course for master trainers for Special Interest Group.

(c) The details of the steps being taken by the Government to promote Yoga and to spread the benefits in India and abroad can be summarized under following broad headings:

- (i) National AYUSH Mission (NAM) which includes programs for Yoga.
- (ii) Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi.
- (iii) Morarji Desai National Institute of Yoga, New Delhi
- (iv) National Institute of Naturopathy, Pune.
- (v) Ministry of External Affairs

The details are enclosed at Annexure.

.....

(I). Ministry of AYUSH

National AYUSH Mission (NAM)

- i. Co-location of AYUSH facilities at Primary Health Centers (PHCs), Community Health Centers (CHCs) and District Hospitals (DHs) including Yoga & Naturopathy.
- ii. Up gradation of exclusive State Government AYUSH Hospitals and Dispensaries including Yoga & Naturopathy.
- iii. Setting up of up to 50 bedded integrated AYUSH Hospital including Yoga & Naturopathy.
- iv. Upgradation of State Government Educational Institutions including Yoga & Naturopathy.
- v. Setting up of new State Government AYUSH Educational Institutions including Yoga & Naturopathy in the State where it is not available.
- vi. Under the flexible components of the scheme of NAM, provision has been made for Grant-in- aid to the Yoga Wellness centers.

(II). Central Council for Research in Yoga & Naturopathy (CCRYN), New Delhi

- i. Running Central Research Institute of Yoga & Naturopathy (CRIYN), Rohini, Delhi.
- ii. Collaborative Research centres.
- iii. Conducting multi-centric research studies.
- iv. Establishment of OPD of Yoga & Naturopathy.
- v. Training, Propagation and Promotional Activities through participation in Health melas/ exhibition.
- vi. Celebration of International Day of Yoga by organizing One Month Yoga Training Programme in all districts of India.
- vii. Scheme of financial assistance to establish or run Yoga & Naturopathy Clinics/Hospitals.
- viii. Organising Yoga Fests in different States.
- ix. Setting up of Yoga Parks

(III). Morarji Desai National Institute of Yoga (MDNIY), New Delhi

- i. Running Yoga OPD and providing Yoga treatment in 19 CGHS Wellness Centre and 4 Yoga Therapy Centres in Tertiary/ Allopathy Hospitals.
- ii. Conducting Certificate, Diploma & Degree Course in Yoga.
- iii. International Day of Yoga (IDY) is being celebrated every year on 21st June to create mass awareness of Yoga among the public.

- iv. Conducting Seminars/ Conference/ Workshops and Special Lecture Series to create awareness about Yoga among the people.
- v. Running Yoga Centres at 4 Sports Authority of India (SAI) Stadia.

(IV). National Institute of Naturopathy (NIN), Pune

- i. Running OPD clinic.
- ii. Conducting Yoga session camps at various Govt. offices, Institutes, Schools, Colleges, etc.
- iii. Conducting Training of Trainers (TOT) programs outside Pune.
- iv. Conducting One Year Full Time "Treatment Assistant Training Course" (TATC) for 10th passed candidates.

(V). Ministry of External affairs.

Ministry of External affairs takes up various Yoga related activities through Indian Council for Cultural Relations (ICCR), who deposes Yoga teachers to Indian Missions for imparting training to local public. MEA also provides publicity material including videos, documentaries, coffee table books, instructional manuals on the different aspects of yoga and yogic practices to Indian Missions for display and distribution. The Indian Missions abroad also organise various activities to promote Yoga on the occasion of International Day of Yoga every year.

.....