

**GOVERNMENT OF INDIA  
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY, UNANI,  
SIDDHA AND HOMOEOPATHY (AYUSH)**

**LOK SABHA  
STARRED QUESTION NO. 354  
TO BE ANSWERED ON 10<sup>TH</sup> AUGUST, 2018  
MORARJI DESAI NATIONAL INSTITUTE OF YOGA**

**\*354. DR. J. JAYAVARDHAN:  
SHRI DHANANJAY MAHADIK:**

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

(a) whether the Government has established the Morarji Desai National Institute of Yoga (MDNIY) and if so, the details and the aims and objectives thereof;

(b) whether the Institute has achieved the objectives for which it was set up and if so, the details thereof;

(c) the number of courses offered and the duration of such courses along with the fees charged;

(d) whether the Institute has also established preventive healthcare units of yoga in CGHS dispensaries in Delhi and NCR and if so, the details thereof; and

(e) whether the Institute has launched a scheme to run Swami Vivekananda District Yoga Wellness Centres through Public Private Partnership mode, if so, the details of number of centres that are functioning in different districts of the country, the financial allocation made for the purpose along with the other steps taken by the Government for promotion of yoga in the country

**ANSWER  
THE MINISTER OF STATE(IC) OF THE MINISTRY OF  
AYURVEDA, YOGA & NATUROPATHY, UNANI, SIDDHA AND  
HOMOEOPATHY  
(SHRI SHRIPAD YESSO NAIK)**

(a) & (e) : A statement is laid on the Table of the House

**STATEMENT REFERRED TO IN REPLY TO LOK SABHA  
STARRED QUESTION NO. 354 \* FOR 10<sup>TH</sup> AUGUST, 2018**

(a) & (b) Yes. Morarji Desai National Institute of Yoga (MDNIY), an autonomous body under the Ministry of AYUSH, is a focal Institute for yoga education, training and therapy. It aims to promote deeper understanding of Yoga philosophy and practices based on ancient Yoga Traditions for holistic health and well being of all.

(c) The Institute's mandate is of a continuing nature, and the Institute has so far been successful in pursuing the same. The list of Programmes/Courses and duration conducted by Morarji Desai National Institute of Yoga (MDNIY), at present, is given in Annexure-A.

(d) Morarji Desai National Institute of Yoga (MDNIY) has established Preventive Health Care Units of Yoga in CGHS Wellness Centres in Delhi and NCR: MDNIY has established 19 Preventive Health Care Units of Yoga in CGHS Wellness Centres in Delhi and NCR. Details are given in Annexure – B.

(e) Yes. The Swami Vivekananda District Yoga Wellness Centre (SVDYWC) Scheme was implemented during the 11th five year plan under Public Private Partnership (PPP) mode. This scheme had the District as a unit for Yoga intervention aimed at supporting Non Government Organizations (NGOs) partially to promote Yogic activities for public/community health care and to encourage utilization of Yoga professionals in public health care delivery programmes. The scheme was discontinued & closed w.e.f. 01.04.2016.

## Annexure – A

<b>Programmes of Morarji Desai National Institute of Yoga (MDNIY)</b>					
Course/Programme	Duration	Timings	Eligibility	Intake	Fees
<b>Educational Programmes</b>					
B.Sc. (Yoga Science) affiliated to Guru Singh Indraprastha University, Sector – 16, Dwarka, New Delhi	3 years, comprising six semesters	7:00 am to 3:00 pm on all working days	Pass in 12 <sup>th</sup> class of 10+2 of CBSE with Science (Physics, Chemistry and Biology) with 50% marks	60	22,000/- per annum + 5000 as caution money as one time which is refundable
Diploma in Yoga Science (DYSc.) for graduates	1 year comprising 2 semesters (Aug. to Jan. and Feb. to July)	Full Time 7:00 am to 3:00 pm on all working days	Any Graduate with 50% of marks; below 30 years of age as on 1 <sup>st</sup> August	120+12 = 132 Candidates	Rs.12,500/- per Semester + 2500 as caution money
Certificate Course in Yoga Science for Wellness Special Interest Groups	4 months	10 am to 5:30 pm from Monday to Friday and 7 am to 11 am on Saturday	On the Government invitation/deputation	Max 100 Candidates in a batch	---
<b>Yoga Training Course</b>					
Foundation Course in Yoga Science for Wellness (FCYScW)	1 month	7:00 am to 9:00 am 3:30 pm to 5:30 pm	Matriculation examination from a recognized Board or its equivalent	Max 50 Candidates in a batch	Rs.1,000/- + 500 as course material & workshop per month
Certificate in Yogasana for Health Promotion	3 months	3 hours on alternate days form 4:30 pm to 7:30 pm	Passed at least 10+2 examination from a recognized Board or its equivalent	Max 50 Candidates in a batch	Rs.6,000/- + 500 as course material & workshop
Certificate in Pranayama and Meditation for Health Promotion	3 months	3 hours on alternate days form 4:30 pm to 7:30 pm	Passed at least 10+2 examination from a recognized Board or its equivalent	Max 50 Candidates in a batch	Rs.6,000/- + 500 as course material & workshop
Advance Yoga Sadhana	3 months	5:30 pm to 7:30 pm	Successfully completed CCY & CCPM from MDNIY	Max 50	Rs.6,500/-
<b>Health Promotion &amp; Yoga Therapy Programmes</b>					
Yoga OPD		8:00 am to 4:30 pm	For All age Group		Rs.25/-
Health Promotion Programe (HPP)	1 month	6:00 am to 7:00 am 7:00 am to 8:00 am 8:00 am to 9:00 am 4:30 am to 5:30 am 5:30 am to 6:30 am 6:30 am to 7:30 am	Open for all Except Chronic Patient	50 Candidates In a batch	Rs.500/- per month
Yoga Therapy Programmes	1 month	9:00 am to 10:00 am 10:00 am to 11:00 am 11:00 am to 12:00 Noon 12:00 Noon to 1:00 pm 2:00 pm to 3:00 pm 3:00 pm to 4:00 pm	For patients	30 Candidates In a batch	Rs.500/- per month
Individual Special Yoga Therapy sessions	45 minutes to 1 hour	10:00 am to 4:00 pm	do		Rs.100/- per session
Saturday Yoga Training Programme	Only on Saturday	6:30 am to 11:00 am	Open for all	50 Candidates In a batch	Rs.500/- per month
Yoga Workshop for Children (YWC)	1 month (May-June)	7:00 am to 9:00 am	For Children	-----	Rs.500/- per month
<b>Yoga Workshop for Stress Management</b>					
Stress Management Workshop	15 Hrs. Programme in Weekends	-	Admission by request of Organization	-	Rs.500/-

## Annexure – B

### LIST OF 19 CGHS DISPENSARIES UNDER PREVENTIVE HEALTH CARE UNITS IN DELHI & NCR WHERE YOGA UNIT RUN BY MDNIY

1. CGHS Wellness Centre, Flat No. 647-648, Krishi Kunj, Inderpuri, New Delhi.
2. CGHS Wellness Centre, New Police Line, Kingsway Camp, Delhi
3. CGHS Wellness Centre, Laxmi Bai Nagar, Delhi
4. CGHS Wellness Centre, 23 Pusa Road, Karol Bagh, New Delhi
5. CGHS Wellness Centre, D-II/257, 259, Vinay Marg, Chanakyapuri, New Delhi
6. CGHS Wellness Centre, D Block, Nangalraya, Janakpuri New Delhi
7. CGHS Wellness Centre, Near Hari Nagar Ghantaghar, Hari Nagar, New Delhi.
8. CGHS Wellness Centre, Block-C, Janakpuri, New Delhi-58
9. CGHS Wellness Centre, Sadar Bazar, Delhi Cantt. Delhi-10
10. CGHS Wellness Centre, Pala Colony, Manglapuri, Delhi
11. CGHS Wellness Centre, Lajpat Nagar Market, New Delhi
12. CGHS Wellness Centre, R. K. Puram Sector-6, New Delhi.
13. CGHS Wellness Centre, Mansarovar Park, Shahdara, Delhi -32
14. CGHS Wellness Centre, Sec-1, M B Road, Pushp Vihar, New Delhi
15. CGHS Wellness Centre, No. 68, Kamla Nehru Nagar, Ghaziabad, Uttar Pradesh.
16. CGHS Wellness Centre, Main Vikas Marg, Laxmi Nagar, Delhi.
17. CGHS, Wellness Center, R-55, Sec-11,, Noida Uttar Pradesh.
18. CGHS, Wellness Center, Sec-4, Pushp Vihar, New Delhi
19. CGHS, Wellness Center, Sadiq Nagar, Siri Fort Road, New Delhi