

**GOVERNMENT OF INDIA
MINISTRY OF AYURVEDA, YOGA & NATUROPATHY,
UNANI, SIDDHA AND HOMOEOPATHY
(AYUSH)**

**LOK SABHA
UNSTARRED QUESTION NO. 56
TO BE ANSWERED ON 2ND FEBRUARY, 2018**

NILAVEMBU DRINK

56. SHRI B. SENGUTTUVAN:

Will the Minister of **AYURVEDA, YOGA AND NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY (AYUSH)** be pleased to state:

(a) whether the Government is aware of the practice of using Nilavembu drink, prepared by boiling several medicinal herbs in water, as a medicine for vector-borne diseases, if so, the details thereof;

(b) whether the Ministry has conducted any laboratory tests/research into the proclaimed anti-pyretic, anti-inflammatory, analgesic and detoxic properties of Nilavembu drink; and

(c) if so, the details thereof?

ANSWER

**THE MINISTER OF STATE (IC) OF THE MINISTRY OF AYURVEDA,
YOGA & NATUROPATHY, UNANI, SIDDHA AND HOMOEOPATHY
(SHRI SHRIPAD YESSO NAIK)**

(a): Yes. There is a practice of using the said Nilavembu drink as a medicine for vector-borne diseases like Dengue and Chikungunya.

(b) to (c): *Nilavembu kudineer* showed significant anti-inflammatory effects in the doses of 20 and 30 ml /Kg, orally. The drug also showed the analgesic activity for 50 and 30 ml / kg, which showed 53.36% and 37.31% effect respectively.

Case series of twenty patients in Siddha Clinical Research Unit (CCRS), Palayamkottai in collaboration with Government Siddha Medical College, Palayamkottai indicates that the combination of *Nilavembu Kudineer* and *Adathodai Manapagu* has showed good response in thrombocytopenia in dengue fever. This combination is safe in paediatric age group without any adverse effect and effective when taken with conventional symptomatic institutional treatment, for the prevention of any further complications.

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