

GOVERNMENT OF INDIA
MINISTRY OF PERSONNEL, PUBLIC GRIEVANCES AND PENSIONS
(DEPARTMENT OF PERSONNEL AND TRAINING)

LOK SABHA
UNSTARRED QUESTION NO. 5373
(TO BE ANSWERED ON 28.03.2018)

YOGA CLASSES FOR EMPLOYEES

5373. SHRI P.R. SUNDARAM:

Will the **PRIME MINISTER** be pleased to state:

- (a) whether the Government conducts regular yoga classes for the Central Government employees and their families;
- (b) if so, the details thereof;
- (c) the expenditure incurred on yoga classes during each of the last three years; and
- (d) whether the Government has any mechanism to assess the quality of yoga imparted by yoga teachers in the yoga centres and if so, the details thereof?

ANSWER

**MINISTER OF STATE IN THE MINISTRY OF PERSONNEL, PUBLIC GRIEVANCES
AND PENSIONS AND MINISTER OF STATE IN THE PRIME MINISTER'S OFFICE
(DR. JITENDRA SINGH)**

(a) & (b): Yes Madam, Grih Kalyan Kendra has been organizing regular yoga training sessions w.e.f. 1.4.2015 for Central Government Employees and their families in its Samaj Sadans in Delhi and other cities. Yoga training is also being imparted in Moti Bagh-1 & CWG village in the space provided by these colonies. Besides, Yoga Instructor has been provided by the GKK for conducting yoga training session for Government employees in ISTM office premises. Presently, GKK is organizing yoga classes at 39 locations at Delhi and outstations. A list of these yoga centres at Delhi/NCR and outstation is given at Annexure-I.

(c): Expenditure incurred on yoga classes during each of last three years are as follows:-

- (i) 2014-15 Rs. 1,76,791/-
- (ii) 2015-16 Rs. 1,94,11,327/-
- (iii) 2016-17 Rs. 2,08,52,042/-

The item wise breakup of the expenditure is at Annexure-II.

(d): Yes Madam, Yoga in the GKK Yoga Centres is imparted by qualified Yoga Teachers engaged on the recommendations of Morarji Desai National Institute of Yoga (MDNIY). Quality of yoga and other related issues are monitored by the Nodal Officers appointed by the Department of Personnel and Training (DoPT) from among the Central Govt. officers residing in the respective residential colonies. A list of Nodal Officer is at Annexure-III. Further progress of yoga is reviewed from time to time by holding meetings with all concerned including Yoga Teachers and Nodal Officers. Feedbacks are also obtained from the yoga Sadhaks about the quality of yoga imparted by yoga teachers. A sample feedback form is at Annexure-IV.

ANNEXURE-I

ANNEXURE TO LOK SABHA ADMITTED QUESTION NO.5373 FOR 28.03.2018 RAISED BY SHRI P.R. SUNDARAM, MP REGARDING YOGA CLASSES FOR EMPLOYEES.

List of GKK Yoga Centre at Delhi/NCR and Outstation

S.No.	Name of Samaj Sadan
1	Andrews Ganj, New Delhi
2	Andrews Ganj Extension, New Delhi
3	Asia House , New Delhi
4	Bharti Nagar, New Delhi
5	CWG Village (Only Morning) , New Delhi
6	Chanakya Puri , New Delhi
7	Laxmi Bai Nagar, New Delhi
8	Lodhi Colony, New Delhi
9	Lodhi Road Complex , New Delhi
10	Moti Bagh-1 (Only Morning) , New Delhi
11	New Moti Bagh (Only Morning) , New Delhi
12	Institute of Secretariat Training and Management , New Delhi
13	Pandara Road (temporarily suspended due to renovation) , New Delhi
14	Peshwa Road , New Delhi
15	Pragati Vihar Hostel , New Delhi
16	Pushp Vihar, New Delhi
17	Raja Bazar, New Delhi
18	R.K.Ashram Marg, New Delhi
19	R.K.Puram Sector-1, New Delhi
20	R.K.Puram Sector-2, New Delhi
21	R.K.Puram Sector-3, New Delhi
22	R.K.Puram Sector-4, New Delhi
23	R.K.Puram Sector-7, New Delhi
24	Sadiq Nagar, New Delhi
25	Kidwai Nagar, New Delhi
26	Ghaziabad,
27	Faridabad,
28	Chennai Anna Nagar (Only Evening) ,
29	Chennai Besant Nagar,
30	Chennai Indira Nagar (Only Evening) ,

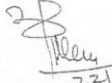
31	Banglore Domlur ,
32	Banglore Koramangla,
33	Dehradun Forest Research Institute,
34	Dehradun Survey of India,
35	Nagpur,
36	Mumbai Ghatkper,
37	Mumbai Antophill Sector-7,
38	Mumbai Antophill Sector-1,
39	Kolkata

ANNEXURE-II

Grih Kalyan Kendra (Accounts)

Statement Showing the Yoga Expenses incurred during the Financial Year: -

S. No	Particulars	2014-15	2015-16	2016-17
1.	Hon. To Yoga Instructors	-----	1,05,31,320.00	1,23,51,079.00
2.	Rent to GKK for Yoga	-----	80,00,000.00	80,00,000.00
3.	Purchase of Yoga Mats/ Daries etc.	1,76,791.00	8,80,007.00	5,00,963.00
	Total	1,76,791.00	1,94,11,327.00	2,08,52,042.00


22/3/18
Ashok Kumar
(Accounts Officer)

LIST OF NODAL OFFICERS FOR YOGA TRAINING SESSIONS AT GRIH KALYAN
KENDRAS IN DELHI

Sl. No.	Name of GKK Sadan	Name of Nodal Officers	Contact Details
1.	Andrews Ganj Extn.	Shri Durga Prasad, Section Officer(AVD-II)	23040375(o) 9891919025
2.	Lodhi Road Complex	Ms. Kavita Vaibhav Padmanabhan	23092483(o) kavitha.padman@nic.in
3.	Peshwa Road	Shri K.Prakasham, US (RR)	23092561(o) 9818201372(r) prakasham.k@gov.in
4.	Sadiq Nagar	Shri Avinash Chandra, Under Secretary, DOPT	avinash.chandra@nic.in 9958703725
5.	Pushp Vihar	Shri Subandhu Basu, Under Secretary, DOPT	Subandhu.basu@nic.in 23094195
6.	R.K. Puram Sector - 4	Shri Rajender Singh, Sr, PPS to Member (PESB)	Rajendra.singh@nic.in 9953198753
7.	R.K. Puram Sector - 7	Shri Raju Bagga, Section Officer, DOPT	rbagga_6@yahoo.co.in 9968287639
8.	Raja Bazar, DIZ Area	Shri K.C. Raju, US (AVD.I)	Kc.raju@nic.in 011-23094799, 9868265202
9.	Andrews Ganj	Shri Sunil Kumar Mandi, US (RR & DC)	224651898(o) sunil.mandi@nic.in
10.	Laxmi bai Nagar	Shri D.K. Sengupta, Deputy Secretary, DOPT	usa@nic.in 9810491601
11.	Lodhi Colony	Shri Madan M. Mauraya, Under Secretary, DOPT	mmauraya@yahoo.com 9013352050
12.	R.K. Ashram Marg	Ms. Vasanthi V. Babu, SO (AIS)	Vasanthibabu30@gmail.com 011-23094824, 9899946230
13.	Bharti Nagar	Shri A.N. Narayanan, Deputy Secretary, DOPT	an.narayanan@nic.in 011-26107960
14.	Chankaya Puri	Shri D.K. Sengupta, Deputy Secretary, DOPT	usa@nic.in 9810491601
15.	Moti Bagh	Shri Anil Tripathi, Under Secretary, DOPT	anitripathi@hotmail.com 9868332285
16.	Pandara Road	Shri Anand Upadhyay, US (AVD.IB)	
17.	R.K. Puram, Sector - 1	Shri A.K. Jain, Deputy Secretary, DOPT	ashok.jain62@gov.in 9968271683
18.	R.K. Puram, Sector - 2	Shri A.K. Jain, Deputy Secretary, DOPT	ashok.jain62@gov.in 9968271683
19.	R.K. Puram, Sector - 3	Shri R.K. Venkatesan, Under Secretary, DOPT	venkatesan.r@nic.in 9968820985
20.	P.V. Hostal	Shri Debabrata Banerjee, US (CS.I)	
21.	Asia House	Shri Pardeep Kumar, SO, DOPT	
22.	New Moti Bagh	Shri Anil Tripathi, Under Secretary, DOPT	anitripathi@hotmail.com 9868332285
23.	Common Wealth Games Village	Shri N Sriraman, Director, DOPT	nsriraman1958@yahoo.com 011-24625562

ANNEXURE - IV

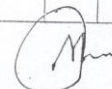
FEEDBACK OF YOGA SADHAK

1.	Name of the Yoga Sadhak	Manisha
2.	Address	F- 11/2 Andrewsganj New delhi - 110049
3.	Name of Samaj Sadan	Andrewsganj
4.	Name of Yoga Trainer	Balibha . Sharma .
5.	Name of Nodal Officer	

Please rate the following observations

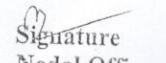
Rating key : 1= unsatisfactory, 2= fair, 3= satisfactory, 4= very good, 5 = excellent

S. No.	Description	1	2	3	4	5
1.	Cleanliness of Hall, where Yoga Session is being held					✓
2.	Quality of Mats and Duries			✓		
3.	Basic facilities at Yoga Hall			✓		
4.	Presence of Caretaker				✓	
5.	Whether satisfied with Yoga Teacher				✓	
	i. Punctuality					✓
	ii. Attitude					✓
	iii. Methodology			✓		
	iv. Knowledge of Yoga					✓
	v. Communication			✓		
	vi. Time management			✓		
6.	Overall satisfaction of Yoga Training					✓



Signature
Date:

Through Nodal Officer


Signature
Nodal Officer
Date:

Chief Welfare Officer, DoP&T