

**GOVERNMENT OF INDIA
MINISTRY OF HUMAN RESOURCE DEVELOPMENT
DEPARTMENT OF HIGHER EDUCATION**

LOK SABHA

**UNSTARRED QUESTION NO. 392
TO BE ANSWERED ON 05.02.2018**

Stress among students

392. SHRIMATI DARSHANA VIKRAM JARDOSH:

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) the action taken by the Government in consultation with State Government to frame proper guidelines to abolish stress among students arising out stiff competition in employment, rising expectation of parents and highly commercialization of education field; and
- (b) whether Government intends to introduce spiritual matters and Gandhian literature and if so, the details thereof?

ANSWER

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT

(DR. SATYA PAL SINGH)

(a): Government have been taking various steps such as peer assisted learning, special languages classes for week students in order to ease the academic stress. In addition, institutions conduct Workshops/Seminars on Happiness and Wellness, regular sessions on Yoga, induction programs, extracurricular activities including sports and cultural activities and appointment of Student Counselors for overall personality development and distressing students.

(b): The model curriculum prepared by All India Council for Technical Education (AICTE) is outcome based and Universal Human Values, culture & spirituality have been also made part of the model curriculum. Moreover, the Government has set up 137 nos. Gandhian Centres in various Universities/ Colleges/ Institutes under the scheme of Epoch Making Social Thinker of India.
