

**GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF SCHOOL EDUCATION & LITERACY**

**LOK SABHA  
UNSTARRED QUESTION NO. 3789  
TO BE ANSWERED ON 19.03.2018**

**Mid day Meal Scheme**

3789. SHRI HARISH MEENA:  
SHRI SUMAN BALKAR:

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) the steps taken by the Government to ensure quality and nutritional level of food provided to students in mid-day meals;
- (b) whether it is a fact that majority of students consuming food in mid-day meal are undernourished;
- (c) if so, the reasons therefor and the corrective measures taken by the Government in this regard;
- (d) whether the Government has issued an advisory asking States to include milk in the mid-day meal scheme and other nutritional programmes with a view to tackle high levels of malnourishment in the country; and
- (e) if so, the details thereof and if not, the reasons therefor?

**ANSWER  
MINISTER OF STATE IN THE  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
(SHRI UPENDRA KUSHWAHA)**

- (a) to (c): One of the objectives of the Mid-Day Meal Scheme (MDMS) is to improve the nutritional status of children studying in elementary classes in schools covered under the Scheme, by providing hot cooked meal. The Government of India has issued guidelines on quality, safety and hygiene on school level kitchens to all the States and UTs. These guidelines inter-alia provide for instruction to schools to procure Agmark quality and branded items for preparation of mid day meals, tasting of meals by 2-3 adult members including at least one teacher before serving to children and to put in place a system of testing of food samples by accredited laboratories. Further, the MDM Rules, 2015 provide for mandatory testing of food samples by Government recognized laboratories to ensure that the meals meet nutritional standards and quality.

The Government has also adopted an elaborate monitoring mechanism at Central, State and District levels to ensure quality food is served to children under the Scheme. At national level, an Empowered Committee, headed by Minister of Human Resource Development and also a National level Steering-cum-Monitoring Committee (NSMC) as well as Programme Approval Board (PAB) monitor the scheme and suggest measures for its smooth and effective implementation. At the

State level, a State level Steering–cum-Monitoring Committee headed by the State Chief Secretary and, at the District Level, a District Level Committee under the Chairpersonship of the senior-most Member of Parliament of Lok Sabha of the district monitors the implementation of the scheme in the concerned District. At local level Gram Panchayats/Gram Sabhas, members of Village Education Committees (VECs), Parent-Teacher Associations (PTAs) and the School Management Committees (SMCs) monitor the regularity and wholesomeness of the mid-day meal served to children, cleanliness in cooking and serving of the meal, timeliness in procurement of good quality ingredients, fuel, etc., implementation of variety in menu so as to make it attractive to children and ensuring social and gender equity on daily basis. In addition, the Centre constitutes Joint Review Missions (JRM)s consisting of educational and nutritional experts, which review the scheme through field visits from time to time. The reports of JRM)s are shared with concerned States and UTs for taking suitable action on the findings.

- (d) & (e): MDMS is a Centrally Sponsored Scheme implemented in partnership with all States and UTs. The overall responsibility for providing a cooked and nutritious mid-day meal to eligible children lies with the State Governments and Union Territory Administrations who shall fix the menu as per their local needs. Though milk is not one of the food articles prescribed under the MDMS, States and UTs may add milk or milk based recipe viz. kheer, dalia etc in the mid- day meal under the scheme as per the interest of children. Some States and UTs e.g Gujarat, Karnataka, Kerala, Puducherry, Madhya Pradesh and Uttar Pradesh provide milk, fruits etc as additional item from their own resources.

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