

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH RESEARCH**

**LOK SABHA
UNSTARRED QUESTION NO. 35
TO BE ANSWERED ON 2ND FEBRUARY, 2018**

AERATED AND OTHER ENERGY DRINKS

35. SHRI RAGHAV LAKHANPAL:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether certain cases of death due to consumption of aerated and other energy drinks have been reported from various parts of the country and if so, the details thereof during each of the last three years and the current year, State/UT-wise;
- (b) whether the Government has taken note of a number of studies, which state that consumption of aerated and energy drinks leads to various ailments and if so, the details thereof along with the standards and regulations laid down in respect of these drinks in the country; and
- (c) the steps taken/being taken by the Government for proper compliance of the above standards and regulations and spread awareness about the ill effects of consumption of aerated and energy drinks?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SMT. ANUPRIYA PATEL)**

- (a): There is no such report available.
- (b): Yes, excessive and regular use of aerated and energy drinks may lead to hypokalaemia, hallucinations, stroke, paralysis, diabetes, cardiovascular disease etc. Food Safety and Standards Authority of India (FSSAI) has prescribed standards for Caffeinated beverages and Carbonated water under Food Safety and Standards (Food products Standards and Food Additives) Regulations, 2011.
- (c): States/UTs are primarily responsible to implement and enforce Food Safety and Standards Act, 2006. This Act also provides penal action for non-conforming to the Act. Also, under the National Health Mission Scheme, Nutrition Education is given to enhance awareness and provide healthy and balance food at population level. States & UTs have also been requested to withdraw foods, high in saturated fats and carbonated drinks from schools' and colleges' canteens.

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