

**GOVERNMENT OF INDIA
MINISTRY OF CULTURE
LOK SABHA
UNSTARRED QUESTION NO.324
TO BE ANSWERED ON 05.02.2018**

PROMOTION OF INDIAN FOOD CULTURE

324. Shri D.K. Suresh:

Will the Minister of CULTURE be pleased to state:

- (a) whether the Government is aware that our country has a rich and most unique food culture in the world;
- (b) if so, the details thereof;
- (c) whether Indian food aims to balance various requirements of health of a person according to the season in the country and if so, the details thereof;
- (d) whether the Government is taking any measures to promote Indian food culture to keep away the diseases of the modern day world; and
- (e) if so, the details thereof?

ANSWER

MINISTER OF STATE (I/C) FOR CULTURE
AND
MINISTER OF STATE FOR ENVIRONMENT, FOREST AND CLIMATE CHANGE
(DR. MAHESH SHARMA)

(a) & (b) Government is aware that India has a rich culinary heritage. Most of our traditional food has evolved over centuries.

Indian cuisine encompasses a wide variety of regional cuisines native to India. Given the range of diversity in soil type, climate, culture, ethnic group and occupations, these cuisines vary significantly from each other and use locally available spices, herbs, vegetables and fruits. Almost all states have their unique recipes.

(c) Traditional foods are often based on a holistic approach to nutrition, as required by local people. Such food is prepared with locally available ingredients and found to have its own therapeutic and nutritional benefits.

(d) & (e) Government has undertaken following steps to promote Indian food culture:

- To promote local and regional food, government has created guidelines for organising safe & hygienic food festivals.
- Guidelines for declaration of clean street food hub have been framed including on upgrading of infrastructure of existing food streets of the country to popularise and promote local and regional cuisines.
- Launch of book focusing on regional cuisine of India.