

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 2339
TO BE ANSWERED ON 9TH MARCH, 2018**

NIMHANS MENTAL HEALTH SURVEY

2339. DR. GOKARAJU GANGA RAJU:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is a fact that India is currently facing a possible mental health epidemic and according to NIMHANS's mental health survey, which shows that 10 per cent of Indians have mental health problems;
- (b) if so, the details thereof;
- (c) the corrective measures taken/ proposed to be taken by the Government for providing treatment facilities to those suffering from mental disorders;
- (d) whether it is also true that there is an acute shortage of mental health professionals in the country;
- (e) if so, the reasons therefor; and
- (f) whether any goal has been set to control the disease by 2022 and if so, the details thereof?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SMT. ANUPRIYA PATEL)**

(a) & (b): As per the National Mental Health Survey conducted by the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore in 12 States, the prevalence of mental disorders including common mental disorders, severe mental disorders, and alcohol and substance use disorders (excluding tobacco use disorder) in adults over the age of 18 years is about 10.6%.

(c) To address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) since 1982. Under this Programme, the Government is supporting implementation of the District Mental Health Programme (DMHP) in 517 districts of the country for detection, management and treatment of mental disorders/illness. During the 12th Five Year Plan the DMHP has been restructured to include additional components like suicide prevention services, work place stress management, life skills training and counseling in schools and colleges. Support is also provided for Central/ State Mental Health

Authorities, Research and Training and for Information, Education and Communication (IEC) activities etc.

(d) & (e): The estimated requirement and availability of mental health professionals in the country is as under:

Manpower	Requirement	Availability
Psychiatrist	13500	3827*
Clinical Psychologists	20250	898
Psychiatric Social Workers	37000	850
Psychiatric Nurses	3000	1500

* as on 1.1.2015

In order to increase the number of mental health professionals in the country, the Government, under the NMHP, is implementing manpower development schemes for establishment of Centres of Excellence and strengthening/ establishment of Post Graduate (PG) Departments in mental health specialties. Till date, support has been provided for establishment of 24 Centres of Excellence and strengthening/ establishment of 46 Post Graduate (PG) Departments in mental health specialties in the country.

(f): No such goal has been set to control the disease by 2022.

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