

**GOVERNMENT OF INDIA  
MINISTRY OF HEALTH AND FAMILY WELFARE  
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA  
UNSTARRED QUESTION NO. 1289  
TO BE ANSWERED ON 9<sup>TH</sup> FEBRUARY, 2018**

**SHORTAGE OF MENTAL HEALTH PROFESSIONALS**

**1289. SHRI PONGULETI SRINIVASA REDDY:  
DR. SANJAY JAISWAL:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether the Government is aware that there is an acute shortage of Mental Health Professionals in India and the mental disorder/disease is on the rise in the country;
- (b) if so, the details thereof;
- (c) whether it is true that the Central Bureau of Health Intelligence (CBHI) has been mandated to maintain data of National Health profile;
- (d) if so, whether the CBHI has collected data on mental disorder and suggested positive measures to manage the disease and if so, the details thereof and if not, the reasons therefor; and
- (e) the details of centres of excellence established by the Government under National Mental Health Programme, State/ UT-wise?

**ANSWER  
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND  
FAMILY WELFARE  
(SMT. ANUPRIYA PATEL)**

(a) & (b): The estimated requirement and availability of mental health professionals in the country is as under:

| <b>Manpower</b>            | <b>Requirement</b> | <b>Availability</b> |
|----------------------------|--------------------|---------------------|
| Psychiatrist               | 13500              | 3827*               |
| Clinical Psychologists     | 20250              | 898                 |
| Psychiatric Social Workers | 37000              | 850                 |
| Psychiatric Nurses         | 3000               | 1500                |

\* as on 1.1.2015

Contd.....

(c) & (d): As a part of its mandate, the Central Bureau of Health Intelligence (CBHI) has been regularly bringing out its Annual Publication “National Health Profile (NHP)” since 2005 which covers major information on demography, socio-economic and health indicators including morbidity and mortality trends, human resources for health, health infrastructure, health finances and all other related information through various sources. CBHI does not directly collect data on mental disorders/mental illnesses. However, the NHP contains a table sourced from Registrar General of India which provides State/UT wise information about mental retardation and mental illness in India. The information contained in NHP 2017 regarding disabled population due to mental retardation and mental illness is placed at **Annexure – I**.

(e): The List of Institutes supported under the National Mental Health Programme for establishment of Centres of Excellence in the field of Mental Health, State/ UT-wise is placed at **Annexure – II**.

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## Annexure – I

State/UT wise proportion of Disabled Population by Type of Disability in India – 2011 (Census)  
ICD – 10 Code – S00-99 & T00-40

| S.No. | State/UT          | Mental Retardation | Mental illness  |
|-------|-------------------|--------------------|-----------------|
| 1     | Andhra Pradesh    | 132380             | 43169           |
| 2     | Arunachal Pradesh | 1264               | 631             |
| 3     | Assam             | 26374              | 18819           |
| 4     | Bihar             | 89251              | 37521           |
| 5     | Chhattisgarh      | 33171              | 20832           |
| 6     | Goa               | 1817               | 1675            |
| 7     | Gujarat           | 66393              | 42037           |
| 8     | Haryana           | 30070              | 16191           |
| 9     | Himachal Pradesh  | 8986               | 5166            |
| 10    | Jammu & Kashmir   | 16724              | 15669           |
| 11    | Jharkhand         | 37458              | 20157           |
| 12    | Karnataka         | 93974              | 20913           |
| 13    | Kerala            | 65709              | 66915           |
| 14    | Madhya Pradesh    | 77803              | 39513           |
| 15    | Maharashtra       | 160209             | 58753           |
| 16    | Manipur           | 4846               | 1459            |
| 17    | Meghalaya         | 2332               | 2340            |
| 18    | Mizoram           | 1585               | 1050            |
| 19    | Nagaland          | 1250               | 995             |
| 20    | Odisha            | 72399              | 42837           |
| 21    | Punjab            | 45070              | 21925           |
| 22    | Rajasthan         | 81389              | 41047           |
| 23    | Sikkim            | 516                | 513             |
| 24    | Tamil Nadu        | 100847             | 32964           |
| 25    | Tripura           | 4307               | 2909            |
| 26    | Uttar Pradesh     | 181342             | 76603           |
| 27    | Uttarakhand       | 11450              | 6443            |
| 28    | West Bengal       | 136523             | 71515           |
| 29    | A&N Island        | 294                | 364             |
| 30    | Chandigarh        | 1090               | 756             |
| 31    | D&N Haveli        | 180                | 115             |
| 32    | Daman & Diu       | 176                | 89              |
| 33    | Delhi             | 16338              | 10046           |
| 34    | Lakshadweep       | 112                | 96              |
| 35    | Puducherry        | 2335               | 853             |
|       | Total             | <b>15,05,964</b>   | <b>7,22,880</b> |

**Annexure – II****List of Institutes supported under the National Mental Health Programme for establishment of Centres of Excellence in the field of Mental Health**

| <b>S.No.</b> | <b>State/UT</b>  | <b>Institute</b>   |
|--------------|------------------|--|
| 1            | Andhra Pradesh   | Hospital for Mental Care, Visakhapatnam  |
| 2            | Chandigarh       | Department of Psychiatry, Govt. Medical College, Chandigarh                                      |
| 3            | Delhi            | Institute of Human Behaviour and Allied Sciences, (IHBAS), Shahdra, Delhi                        |
| 4            |                  | Dr. R M L Hospital, New Delhi  |
| 5            | Haryana          | State Mental Health Institute, Pandit Bhagwat Dayal Sharma University of Health Sciences, Rohtak |
| 6            | Goa              | Institute of Psychiatry and Human Behaviour, Bambolim, Goa                                       |
| 7            | Gujarat          | Hospital for Mental Health, Ahmedabad, Gujarat   |
| 8            | Himachal Pradesh | Dr. Rajendra Prasad Govt. Medical College, Tanda   |
| 9            | Jammu & Kashmir  | Psychiatric Diseases Hospital, Government Medical College, Srinagar, Jammu & Kashmir             |
| 10           | Karnataka        | Dharwad Institute of Mental Health and Neuro Sciences, Dharwad, Karnataka                        |
| 11           | Kerala           | Institute of Mental Health and Neuro Sciences (IMHANS), Kozhikode                                |
| 12           | Madhya Pradesh   | Gwalior Mansik Arogyashala, Gwalior, Madhya Pradesh  |
| 13           |                  | MGM Medical College, Indore  |
| 14           | Maharashtra      | Maharashtra Institute of Mental Health, Pune   |
| 15           | Odisha           | Mental Health Institute, Cuttack   |
| 16           | Punjab           | Institute of Mental Health, Amritsar, Punjab   |
| 17           | Rajasthan        | S P Medical College, Bikaner   |
| 18           |                  | SMS Medical College, Jaipur  |
| 19           | Telangana        | Institute of Mental Health, Hyderabad, Andhra Pradesh  |
| 20           | Uttar Pradesh    | Institute of Mental Health & Hospital, Agra, Uttar Pradesh                                       |
| 21           |                  | King George Medical University, Lucknow, Uttar Pradesh   |
| 22           | West Bengal      | Institute of Psychiatry- Kolkata, West Bengal  |
| 23           |                  | Dept. of Psychiatry, Calcutta National Medical College, Kolkata                                  |