

GOVERNMENT OF INDIA  
MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
DEPARTMENT OF HIGHER EDUCATION

LOK SABHA  
UNSTARRED QUESTION No.2279  
TO BE ANSWERED ON 01.01.2018

**Degree Courses in Yoga**

**†2279. SHRI SUMEDHANAND SARSWATI:**

Will the Minister of HUMAN RESOURCE DEVELOPMENT be pleased to state:

- (a) the total numbers of degree/ diploma courses or curriculums on yoga recognised by the Government/University Grants Commission;
- (b) whether degree courses in yoga therapy are being conducted in some higher education institutions in the country;
- (c) if so, the details thereof;
- (d) whether degree/diploma holders in yoga therapy course can practice as doctor or therapist; and
- (e) if so, the details thereof?

**ANSWER**

MINISTER OF STATE IN THE MINISTRY OF HUMAN RESOURCE DEVELOPMENT  
(DR. SATYA PAL SINGH)

(a): The Ministry of Human Resource Development had appointed a committee, under the chairpersonship of Prof. H.R. Nagendra, Chancellor, Swami Vivekananda Yoga Anusandhana Samsthana, Bengaluru (S-VYASA) for making recommendations on Yoga Education in Universities. The Committee had prescribed curriculum for Yoga courses in its recommendations. As a follow up to the recommendations of the Committee, the Ministry had asked the University Grants Commission (UGC) to promote five Yoga courses in Universities and Colleges. Course and Course Code-wise duration of Yoga courses are as follows:

S.No.	Course	Course Code	Duration
1.	Bachelors of Science (Yoga)	B.Sc.(Yoga)	3 year to 6 year
2.	Masters of Science (Yoga)	M.Sc. (Yoga)	2 year to 4 year
3.	Doctor of Philosophy (Yoga)	PhD (Yoga)	As per the PhD duration specified by UGC
4.	Post Graduate Diploma in Yoga	PGDY	1 year to 2 year

5.	Post Graduate Diploma in Yoga Therapy	PGDYT	1 year to 2 year
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In addition to the above mentioned courses, Ministry of AYUSH has informed that 24 Higher Educational Institutions offer Bachelors of Naturopathy & Yogic course.

(b) to (e): Ministry of AYUSH has informed that three institutes viz. (i) S.D.M. College of Naturopathy & Yogic Sciences, Ujire, Karnataka; (ii) Alva's college of Naturopathy & Yoga, Moodbidri, Karnataka; (iii) Govt. Naturopathy & Yoga Medical College, Chennai, Tamil Nadu offer MD(Yoga) which is primarily a Yoga therapy specialisation. Bachelors of Naturopathy and Yogic Sciences (BNYS) Degree holders from recognized Universities are entitled to practice as doctors. Diploma holders are entitled to practice as Yoga therapists.

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