

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 2065
TO BE ANSWERED ON 29th DECEMBER, 2017**

MENTAL DISORDERS

**2065. SHRI ANANDRAO ADSUL:
SHRI VINAYAK BHAURAO RAUT:
SHRIMATI POONAM MAHAJAN:
DR. SHRIKANT EKNATH SHINDE:
SHRI KUNWAR PUSHPENDRA SINGH CHANDEL:
DR. PRITAM GOPINATH MUNDE:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether as per World Health Organisation (WHO) report one in four people will be affected by mental disorder at some point in their lives;
- (b) if so, whether the Government has made any study in the country and if so, the details thereof;
- (c) whether a large number of people especially youth are committing suicide and if so details thereof State/UT-wise;
- (d) whether the Government has issued directives to all colleges /schools and educational institutions to provide psychological counsellors, if so, the details thereof; and
- (e) the details of programmes run for awareness of mental illness during the last three years along with the State-wise details of funds allotted and spent for this purpose?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SMT. ANUPRIYA PATEL)**

(a): As per the World Health Report released in 2001 by the World Health Organization, it is estimated that one in four families has at least one member currently suffering from a mental or behavioral disorder.

(b): As per the National Mental Health Survey conducted by the National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore in 12 States, the prevalence of mental disorders including common mental disorders, severe mental disorders, and alcohol and substance use disorders (excluding tobacco use disorder) in adults over the age of 18 years is about 10.6%.

(c): As per the “Accidental Deaths & Suicides in India Report” released in 2015 by the National Crime Records Bureau, a total of 9408 individuals committed suicide in the country during the year 2015, which included 522 individuals in the age group of less than 18 years who committed suicide due to Insanity/Mental Illness.

(d) & (e): The Government has not issued any direction to colleges /schools and educational institutions to provide psychological counsellors. However, to address the burden of mental disorders, the Government of India is implementing the National Mental Health Programme (NMHP) since 1982. The Government is supporting implementation of the DMHP under NMHP IN 517 districts of the country for detection, management and treatment of mental disorders/illness. With the objective to address the acute shortage of qualified mental health professionals in the country, the Government, under the National Mental Health Programme (NMHP), is implementing manpower development schemes for establishment of Centres of Excellence and strengthening/ establishment of Post Graduate (PG) Departments in mental health specialties. Till date, support has been provided for establishment of 23 Centres of Excellence and strengthening/ establishment of 46 Post Graduate (PG) Departments in mental health specialties in the country. During the 12th Five Year Plan the DMHP has been restructured to include additional components like suicide prevention services, work place stress management, life skills training and counseling in schools and colleges. Support is also provided for Central/ State Mental Health Authorities, Research and Training and for Information, Education and Communication (IEC) activities. The details of funds allotted and utilized by the Government for awareness generation during the last three years is as under:

Year	Allocation	Utilized
2014-15	Rs. 10 cr	Rs. 8.85 cr
2015-16	Rs. 1 cr	Rs. 42.14 lakhs
2016-17	Rs. 75 lakhs	Rs. 75 lakhs