

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 1887
TO BE ANSWERED ON 29TH DECEMBER, 2017**

GESTATIONAL DIABETES MELLITUS

1887. SHRI RAJESHBHAI CHUDASAMA:

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether it is a fact that half of all women with Gestational Diabetes Mellitus (GDM) live in rural areas with scarce healthcare;
- (b) whether it is also a fact that there are only 1,000 diabetologists in the country, if so, the steps taken by the Government in this regard;
- (c) whether it is also a fact that more trained professionals for gestational diabetes mellitus is needed; and
- (d) if so, the steps taken by the Government in this regard?

ANSWER

**THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SHRI ASHWINI KUMAR CHOUBEY)**

(a): National level data on the prevalence of gestational diabetes in women is not available. However, Indian Council of Medical Research (ICMR) has informed that as per studies conducted in rural areas of Jammu, Tamil Nadu, Maharashtra and Haryana, the range of prevalence of Gestational Diabetes Mellitus (GDM) varies from 6.7% to 13.9%.

(b) to (d): Data regarding number of Diabetologists in the country is not maintained centrally.

To improve the detection of Gestational Diabetes Mellitus in Pregnant women, Government of India has released the Guidelines on Diagnosis and Management of Gestational diabetes mellitus (GDM) in pregnant women in November 2014. As per the guidelines, GDM testing has been included in the essential ante natal care package for all pregnant women.

As per the guidelines, a 3 day training is organized at the district level, for the Staff Nurses, Auxiliary Nurse Midwives, Medical officers and Obstetrician & Gynaecologist (SNs/ANMs/MOs/ObGyn) and the training is done for all public health facilities in the district from the Medical College level to the sub-centre level.

Information Education and Communication (IEC) module is included in the training of health workers for imparting counselling to pregnant women which includes importance of healthy lifestyle including diet in preventing diabetes and Do's and Don'ts for management of GDM.

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