

**GOVERNMENT OF INDIA
MINISTRY OF HEALTH AND FAMILY WELFARE
DEPARTMENT OF HEALTH AND FAMILY WELFARE**

**LOK SABHA
UNSTARRED QUESTION NO. 4336
TO BE ANSWERED ON 11TH AUGUST, 2017**

**NATIONAL INSTITUTE OF MENTAL HEALTH AND NEURO SCIENCES
(NIMHANS)**

**4336. SHRIMATI KIRRON KHER:
SHRI ANOOP MISHRA:**

Will the Minister of **HEALTH AND FAMILY WELFARE** be pleased to state:

- (a) whether National Institute of Mental Health and Neuro Sciences (NIMHANS) has conducted certain interview/survey at field level;
- (b) if so, the details thereof;
- (c) whether the NIMHANS has submitted the report on the said survey;
- (d) if so, the details and the outcome thereof; and
- (e) if not, the time by which the said report of the survey is likely to be submitted?

**ANSWER
THE MINISTER OF STATE IN THE MINISTRY OF HEALTH AND
FAMILY WELFARE
(SMT. ANUPRIYA PATEL)**

(a) to (e): The Government had undertaken a National Mental Health Survey through the National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore, in 12 States of the country. The survey report was released on 26th December, 2016. The major findings of the survey are as under:

- The prevalence of mental disorders including common mental disorders, severe mental disorders, and alcohol and substance use disorders (excluding tobacco use disorder) in adults over the age of 18 years is about 10.6%.
- The prevalence of mental morbidity is high in urban metropolitan areas.
- Mental disorders are closely linked to both causation and consequences of several non-communicable disorders (NCD).
- Nearly 1 in 40 and 1 in 20 person suffer from past and current depression, respectively.
- Neurosis and stress related disorders affect 3.5% of the population and was reported to be higher among females (nearly twice as much in males).
- Data indicate that 0.9 % of the survey population were at high risk of suicide.
- Nearly 50% of persons with major depressive disorders reported difficulties in carrying out their daily activities.